Clarke County Parks & Recreation Program Guide

A Publication of Programs & Activities Sponsored by The Clarke County Parks & Recreation Department for the Fall 202



PROGRAM REGISTRATION BEGINS ON AUGUST 20 FOR CLARKE COUNTY RESIDENTS AND AUGUST 22 FOR NON-CLARKE COUNTY RESIDENTS AT HTTPS://CLARKE.RECDESK.COM

NORTAY JATROY

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Recreation Center Hours

October 1 – May 31

Monday – Friday 9:00 AM – 9:00 PM Saturday 10:00 AM – 9:00 PM Sunday 12:00 PM – 7:00 PM

June 1– September 30

 $\begin{array}{ll} \mbox{Monday} - \mbox{Friday} & 9:00 \mbox{ AM} - 6:00 \mbox{ PM} \\ \mbox{Saturday} & 12:00 \mbox{ PM} - 6:00 \mbox{ PM} \end{array}$

Sunday CLOSED

Holidays

September 2nd CLOSED

October 31st 9a.m.-5p.m.

November 28th CLOSED

November 29th 12p.m.-6p.m.

Parks & Recreation Staff

Lisa Cooke, CPRP Director

Tanya Myers

Administrative Services Manager

Shannon Martin, CPRP

Recreation Program Coordinator

Tracey Pitcock, MES

Recreation Program Coordinator

Melinda Seals

Childcare Specialist

Tracy Wilson

Assistant Childcare Specialist

Brandon Kovak

Recreation Manager & Facilities Superintendent

Ann Boothe

Customer Service Specialist

PARKS & RECREATION ADVISORY BOARD

Voting members of the Parks & Recreation Advisory Board plan for long-range recreation projects and programs. They represent Clarke County's five voting districts and one at-large member appointed by the Board of Supervisors as well as representatives from the public school system, Town of Berryville, and Town of Boyce. Meetings are at 6 p.m. on the second Wednesday of January, April, July, and October in the Clarke County Recreation Center. Meetings are open to the public.

Current Advisory Board is:

Tracy Smith, Chairman Mitch Hoff, Vice Chairman

Tom Elliston

Nancy Merriman

Susan Merriman

Berkeley Reynolds

Emily Rhodes

Randy Trenary, Clarke County Public Schools Representative R. Eric Voelkel

2024 Recreation Center General Admission and (20 visit) Discount Passes

Age	Fee
3-5	\$2.50
6-15	\$3.00
16-54	\$4.00
Seniors (55+)	\$2.50
6-15 Discount Pass*	\$50.00
16-54 Discount Pass*	\$70.00
Seniors (55+) Discount Pass*	\$30.00

*Proof of residency is required for the Clarke County discount pass.

Birthday Party Packages:

The Clarke County Recreation Center offers Birthday Party packages and many options to meet your budget and help you plan the perfect party. Packages include set-up, clean up, room rental and/or gym rental, decorations and gift bags, so relax and let us do the work!

Please call the birthday party coordinator at 540-955-5140 for more information and to schedule parties.

Please book at least 3 weeks in advance!

Aquatics

2024 Swimming Pool General Admission						
General Admission	Fee:					
Child /2 & under with paying adult	Free					
Child / 3-5	3.50					
Youth / 6-15	4.50					
Adult / 16-54	5.00					
Senior Citizen/55+	3.50					
Military with ID	3.50					
Discount Passes (20 Admissions)*	*Proof of Clarke County residency is required for discount pass.					
Child / 2 & under with paying adult	N/A					
Child / 3-5	60.00					
Youth / 6-15	80.00					
Adult / 16-54	90.00					
Senior Citizen/55+	60.00					
Military with ID	60.00					

Recreation Center & Pool Passes are not interchangeable. Separate fees apply at both locations.

August-Sept 2024 Pool Operating Schedule							
S	M	T	W	TH	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	
1	2						

Open swim: 12-6PM	0
Pool Closed	>
Call the pool of	fice at
540-955-5158, for general	pool information.

Pool Rentals

The Pool is available for rental on Friday, Saturday, Sundays 7-9pm. \$250/2-hr max rental non-Clarke county resident, \$200/2-hr max rental Clarke County resident.

Go to **https://Clarke.recdesk.com** for details, to check availability and make reservation requests.





GUILD OF FABRIC ARTISTS

Date:	Day:	Age:	Time:	Fee:
10/20	SU	18+	2-4 p.m.	\$2.50
11/17	SU	18+	2-4 p.m.	\$2.50
12/15	SU	18+	2-4 p.m.	\$2.50

Leader: Norma Frederickson

Guild meets on the third Sunday of each month to support the creation and exhibition of fabric art. Each month explores a different study. Everyone is asked to show and talk about their work.

SHENANDOAH PIECEMAKERS

Date:	Day:	Age:	Time:	Fee:
9/9	M	16+	6:30-8:30 p.m.	\$2.50
10/14	M	16+	6:30-8:30 p.m.	\$2.50
11/11	M	16+	6:30-8:30 p.m.	\$2.50
12/9	M	16+	6:30-8:30 p.m.	\$2.50

Leader: Eileen Wall, contact Shenandoah_Piecemakers@outlook.com This quilting club – open to all skill levels – meets on the second Monday of each month for programs, presentations, and socializing. Club participates in community service projects, group challenges, additional workshops, and planned outings.

QUILTS OF VALOR

Date:	Day:	Age:	Time:	Fee:
9/10	TU	18+	10 a.m3 p.m.	\$2.50
10/8	TU	18+	10 a.m3 p.m.	\$2.50
11/12	TU	18+	10 a.m3 p.m.	\$2.50
12/10	TU	18+	10 a.m3 p.m.	\$2.50

Leader: Diane Hearne

Quilts of Valor® group meets on the second Tuesday of each month to make quilt tops and quilts for area veterans and service members. Bring a sewing machine and patriotic, military-themed and/or cheerful fabric to honor veterans by sewing

EMBROIDERY GUILD

Date:	Day:	Age:	Time:	Fee:
9/5	TH	16+	9:30 a.m3 p.m.	\$2.50
10/3	TH	16+	9:30 a.m3 p.m.	\$2.50
11/7	TH	16+	9:30 a.m3 p.m.	\$2.50

Contact: Kathryn Bird

Guild meets on the first Thursday of each month and is open to all skill levels. Anyone who wants to brush up on skills or try a new technique is welcome to attend. NOTE: Board meeting is 9:30 a.m. to 12:30 p.m.; guild meets from 12:30 to 3 p.m.

PARENT & ME LITTLE ARTISTS

Date:	Day:	Age:	Time:	Fee:	Topic:
9/28	SA	2-6	10:15-11 a.m.	\$5*	Modeling Clay
					Pumpkins
10/26	SA	2-6	10:15-11 a.m.	\$5*	Pasta Skeletons
11/9	SA	2-6	10:15-11 a.m.	\$5*	Paint Van Gogh
					Sunflowers
11/16	SA	2-6	10:15-11 a.m.	\$5*	Cubism Turkeys
12/14	SA	2-6	10:15-11 a.m.	\$5*	Poinsettia Sponge Art
Instructo	r Kris	ten Za	borowski		

Parent supervision is required for each participant. *An additional supply fee of \$5 is payable to the instructor at class. Participants are strongly encouraged to wear old clothes and an art smock if possible to class.

9/28, Modeling Clay Pumpkins: Children will learn clay handbuilding techniques to create their own festive pumpkins (including stem, vines, and spooky faces). 1 class

10/26, Pasta Skeletons: Participants will dance to the fun kid song "The Skeleton Dance" to learn the bones in our body. Then children will assemble their own skeleton using a variety of pasta noodles. 1 class

11/9, Paint Van Gogh Sunflowers: Children will be introduced to artist Vincent Van Gogh. We will paint our own sunflowers inspired by Van Gogh's famous paintings. 1 class

11/16, Cubism Turkeys: Participants will create a one of a kind turkey inspired by the Art Movement Cubism. Children will create a bright and boldly colored turkey that will be re-assembled into an abstract/ geometric shape. 1 class

12/14, Poinsettia Sponge Art: Using oval shaped sponges, participants will create textured prints of the popular holiday flower the poinsettia. 1 class

BEGINNER SEWING BOOTCAMP

Date:	Day:	Age:	Time:	Fee:
9/6-10/11	F	8+	6-7:30 p.m.	\$90

Instructor: Jacquetta Owen

This six-week class covers four different projects. Participants need to bring the following supplies: a sewing machine, scissors, thread, seam ripper, hem gauge, pins, and fabric for pillowcase (3/4 yard for body and 1/3 yard for band), elastic waist pants (2 yards flannel or cotton for long pants OR 1 1/2 yard for short pants), apron (1 yard of two different cottons or twill).

ONE YARD WONDER SEWING PROJECTS

Date:	Day:	Age:	Time:	Fee:	Topic:
10/18	F	9+	6-7:30 p.m.	\$20	Lunchbag
10/25	F	9+	6-7:30 p.m.	\$20	Zippered Pouch
11/8	F	9+	6-7:30 p.m.	\$20	Bathmat/pet crate mat
11/15	F	9+	6-7:30 p.m.	\$20	Holiday Table runner
11/22	F	9+	6-7:30 p.m.	\$20	Holiday Placemats

Instructor: Jacquetta Owen

Learn to create these useful sewing projects in just one class and with only one yard of fabric. A materials list is available at registration. 1 class

MINI MIGHTY MAESTRO FOR MOMMY & ME

Date:	Day:	Age:	Time:	Fee:
9/4-25	W	18month-3yrs	10-10:30 a.m.	\$75
10/2-23	W	18month-3yrs	10-10:30 a.m.	\$75
10/30-11/20	W	18month-3yrs	10-10:30 a.m.	\$75
11/27-12/18	W	18month-3yrs	10-10:30 a.m.	\$75

Instructor: Jess Hall of Beleo Music Group

Mini Mighty Maestros teaches rudiments of music and movement using a blend of familiar and multicultural songs, using music that's fun for mom and child. Percussion instruments are used to teach rhythm patterns that students will be able to apply to songs. Some song examples include "Can't Stop the Feeling," "How Far I'll Go," Mozart's 40th Symphony, and "Siyahamba." 4 classes

MINI MIGHTY MAESTRO SCHOOL AGED EDITION

Date:	Day:	Age:	Time:	Fee:
9/4-25	W	4-7	3:45-4:30 p.m.	\$80
10/2-23	W	4-7	3:45-4:30 p.m.	\$80
10/30-11/20	W	4-7	3:45-4:30 p.m.	\$80
11/27-12/18	W	4-7	3:45-4:30 p.m.	\$80

Instructor: Jess Hall of Beleo Music Group

Students will sing, dance, and perform instrumental accompaniments to traditional and modern children's songs. Critical listening skills are taught through exposure to classical and modern orchestral pieces, in which students will identify song form, instruments, dynamics, and articulation. Beginner-level music theory, including note and rhythm reading, are taught through a series of fun games and group activities. 4 classes

BEGINNER GUITAR INSTRUCTION

Date:	Day:	Age:	Time:	Fee:
9/4-25	W	10-18	4:45-5:30 p.m.	\$80
10/2-23	W	10-18	4:45-5:30 p.m.	\$80
10/30-11/20	W	10-18	4:45-5:30 p.m.	\$80
11/27-12/18	W	10-18	4:45-5:30 p.m.	\$80

Instructor: Dominic Bennett of Beleo Music Group

This team-developed guitar curriculum focuses on the individual needs of each student. Techniques taught in this course will enable students to perform with rock bands, school bands, guitar ensembles, and compose original music. This course can accommodate all levels of guitar students as each student receives an individual education plan at the beginning of the session.

4 classes

PRIVATE MUSIC LESSONS

Date:	Day:	Age:	Time:	Fee:
9/1-12/31	SU-SA	4+	Rec Center Hrs	\$46/30 min
				loccon

Instructor: Beleo Music Group

Would you like to play the piano, guitar, bass, violin, viola, or have voice lessons? This is your opportunity. Please designate what instrument you would like to learn when you register. After registering, an instructor will contact you to set up a mutually convenient lesson appointment. Each 30 minute lesson is at the Clarke County Recreation Center. After the first lesson, email smartin@clarkecounty.gov to register for additional lessons.

Fee:

TINY TOES DANCE: DANCE WITH ME

Date:	Day:	Age:	Time:	Fee:
9/9-30	M	18mos-2.5yrs	10-10:45 a.m.	\$72
10/7-11/4 (no 10/14)	M	18mos-2.5yrs	10-10:45 a.m.	\$72
11/11-12/2	M	18mos-2.5yrs	10-10:45 a.m.	\$72
12/9-30	M	18mos-2.5yrs	10-10:45 a.m.	\$72

Instructor: Ashley Tibbens

These fun and engaging dance classes provide a foundation in proper dance education suited for children of various abilities. NOTE: There is no dress code; however, dancers will need ballet and tap shoes.

TINY TOES DANCE: BALLET, JAZZ, & TAP

Date:	Day:	Age:	Time:	Fee:
9/9-30	M	2.5-4	11-11:45 a.m.	\$72
9/9-30	M	2.5-4	4:15-5 p.m.	\$72
10/7-11/4 (no 10/14)	M	2.5-4	11-11:45 a.m.	\$72
10/7-11/4 (no 10/14)	M	2.5-4	4:15-5 p.m.	\$72
11/11-12/2	M	2.5-4	11-11:45 a.m.	\$72
11/11-12/2	M	2.5-4	4:15-5 p.m.	\$72
12/9-30	M	2.5-4	11-11:45 a.m.	\$72
12/9-30	M	2.5-4	4:15-5 p.m.	\$72
T	1			

Instructor: Ashley Tibbens

These fun and engaging dance classes provide a foundation in proper dance education suited for children of various abilities. Classes incorporate ballet, jazz, and tap dance as well as a variety of educational add-ons and seasonal inclusive themes. NOTE: There is no dress code; however, dancers will need ballet and tap shoes. 4 classes

TINY TOES DANCE: SHINING STARS

Date:	Day:	Age:	Time:	Fee:		
9/9-30	M	5-7	3:30-4:15 p.m.	\$72		
10/7-11/4 (no 10/14)	M	5-7	3:30-4:15 p.m.	\$72		
11/11-12/2	M	5-7	3:30-4:15 p.m.	\$72		
12/9-30	M	5-7	3:30-4:15 p.m.	\$72		
Instructor: Ashley Tibbens						

These fun and engaging dance classes provide a foundation in proper dance education suited for children of various abilities. Classes incorporate ballet, jazz, and tap dance as well as a variety of educational add-ons and seasonal inclusive themes. NOTE: There is no dress code; however, dancers will need ballet and tap shoes.

TINY TOES DANCE: PETITE PERFORMERS

Date:	Day:	Age:	Time:	Fee:
9/9-30	M	8-12	5-5:45 p.m.	\$72
10/7-11/4 (no 10/14)	M	8-12	5-5:45 p.m.	\$72
11/11-12/2	M	8-12	5-5:45 p.m.	\$72
12/9-30	M	8-12	5-5:45 p.m.	\$72

Instructor: Ashley Tibbens

These fun and engaging dance classes provide a foundation in proper dance education suited for children. Classes incorporate ballet, jazz, lyrical and acro dance. Local performance opportunities will be available for this group.

CERAMIC HOUSE NUMBERS WORKSHOP

Date:	Day:	Age:	11me:	ree:			
9/3-10	T	8+	6-8 p.m.	\$65			
Instructor: Erika Dirnagl of Erika Marie Ceramics							
Create yo	Create your own beautiful textured house numbers to hang on						
your hom	e! Erika fron	n Erika Ma	arie Ceramics wil	l walk you			
through h	andbuilding	and carvin	g techniques to c	reate your very			
own hous	e numbers y	ou can disp	olay outside your	home. The first			
session will be creating the numbers and the second session will be							
for glazin	g. An adult r	nust accon	npany children 8-	12. Please dress			
to get me	ssv!						

SHELF OF CURIOSITIES WORKSHOP Age:

Day:

Date:

Date:

Day:

9/8-15	SU	8+	1-3:30 p.m.	\$80			
Instructor: Erika Dirnagl of Erika Marie Ceramics							
In this workshop, you will learn handbuilding techniques to create							
your own	ceramic she	elf of curio	osities that you can h	ang in your			
home. Erika of Erika Marie Ceramics will guide you through the							
making and glazing process. An adult must accompany children							
8-12. Please dress to get messy!							

Time:



CERAMIC PUMPKINS/JACK O'LANTERNS

Date:	Day:	Age:	Time:	Fee:		
10/1-8	T	8+	6-8 p.m.	\$65		
Instructor: Erika Dirnagl of Erika Marie Ceramics						
Create you	r own cerai	nic pumpk	in or jack o'lante	ern! Erika of		
Erika Mari	e Ceramics	will guide	you through har	ndbuilding		
techniques to create your own unique pumpkin. The second						
session will be reserved for glazing. An adult must accompany						
children 8-12 Please dress to get messy!						

CERAMIC BOWL WITH NATURE IMPRESSIONS

Time:

Age:

		0		CONTRACTOR NUMBER OF STREET	
10/15-22	T	8+	6-8 p.m.	\$60	
Instructor: 1	Erika Dirn	agl of Erika	a Marie Ceramics		
Create your	one uniqu	ie bowl usii	ng impressions fr	om nature	
including le	eaves and o	ther found	objects. Erika of	Erika Marie	
Ceramics w	ill guide y	ou through	the process of cr	eating your	
bowl and making your impressions. Glazing will be reserved for					
the second	session. Fe	el free to b	ring your own le	aves, flowers, or	
other object	ts for impr	essions. An	adult must accor	mpany children	
8-12. Please	e dress to g	get messy.			

CERAMIC CHARCUTERIE BOARD WORKSHOP

Date:	Day:	Age:	Time:	Fee:		
11/12-19	T	8+	6-8 p.m.	\$75		
Instructor: Erika Dirnagl of Erika Marie Ceramics						
Create your own handmade ceramic charcuterie board just in						
time for the holidays! Erika of Erika Marie Ceramics will guide						
you through handbuilding and glazing techniques. An adult must						
accompany children 8-12. Please dress to get messy!						

CLAY HOLIDAY GNOME WORKSHOP

Date:	Day:	Age:	Time:	Fee:
11/10-17	SU	8+	1-3:30 p.m.	\$65

Instructor: Erika Dirnagl of Erika Marie Ceramics

Create your own unique handmade gnome! Erika of Erika Marie Ceramics will guide you through making a handmade gnome you can forever display in the garden or over the holidays. The second session will be reserved for glazing. An adult must accompany children 8-12. Please dress to get messy!

CERAMIC CHRISTMAS TREE WORKSHOP

Date:	Day:	Age:	Time:	Fee:
12/3-10	T	8+	6-8 p.m.	\$65
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Instructor: Erika Dirnagl of Erika Marie Ceramics

In this workshop, you will learn how to make your own unique christmas tree using clay handbuilding techniques. The second session will be reserved for glazing your tree. An adult must accompany children 8-12. Please dress to get messy!

CERAMIC HOUSE TEALIGHT/INCENSE BURNER

Date:	Day:	Age:	Time:	Fee:
12/15-22	SU	8+	1-3:30 p.m.	\$65

Instructor: Erika Dirnagl of Erika Marie Ceramics

In this workshop you will learn how to create a unique ceramic house tealight or incense burner using handbuilding techniques. The second session will be reserved for glazing. An adult must accompany children 8-12. Please dress to get messy!

GLAZE AN ORNAMENT WORKSHOP

Date:	Day:	Age:	Time:	Fee:
12/17	T	8+	6-8 p.m.	\$45

Instructor: Erika Dirnagl of Erika Marie Ceramics

Come glaze some ornaments! Choose 3 to glaze from a variety of handmade bisqued ornaments made by Erika Marie Ceramics. Ornaments will be fired and ready to pick up on December 22. An adult must accompany children 8-12.

CREATING CREEPY DOLLS

Date:	Day:	Age:	Time:	Fee:
10/2	W	10+	6:30-8:30 p.m.	\$45

Instructor: Lorrie Roberts

Learn how to paint old porcelain dolls into creepy decor for

Halloween. 1 class

INTRO TO BALLROOM DANCE

Date:	Day:	Age:	Time:	Fee:
9/10-10/8	T	20+	6-7 p.m.	\$65
10/15-11/12	T	20+	6-7 p.m.	\$65
11/19-12/17	T	20+	6-7 p.m.	\$65

Instructor: Kareem Mohr

Students are introduced to the most popular ballroom dances: Tango, Foxtrot, and Waltz. The instructor teaches how to make a dance frame, a few basic patterns, and the rhythms

for these dances and explains how these dances are built, which will improve students' ability to learn more in future classes. 5 classes



INTRO TO SALSA DANCE

Date:	Day:	Age:	Time:	Fee:
9/11-10/9	W	20+	6-7 p.m.	\$65
10/16-11/13	W	20+	6-7 p.m.	\$65
11/20-12/18	W	20+	6-7 p.m.	\$65

Instructor: Olena Kalynii

This class teaches basic patterns for salsa and some of the Latin hip styling that gives

salsa its flair. The focus is on the rhythm that makes salsa unique. 5 classes

INTRO TO LATIN DANCE

Date:	Day:	Age:	Time:	Fee:
9/12-10/3	TH	20+	6-7 p.m.	\$52
10/10-31	TH	20+	6-7 p.m.	\$52
11/7-12/5 (11/28)) TH	20+	6-7 p.m.	\$52

Instructor: Kareem Mohr

Students are introduced to the three most common Latin dances: Cha-Cha, Rumba, and Swing. The focus is on the elements that make these dances and the rhythms that make them so much fun. 4 classes

DIP INTO ART CLASSES

Date:	Day:	Age:	Time:	Fee:	Topic:
9/10	T	7+	3:30-5:30 p.m.	\$45	14" Hello Fall Round
					Door Hanger
9/17	T	7+	3:30-5:30 p.m.	\$35	Harvest Moon Woman
					Silhouette
9/24	T	7+	3:30-5:30 p.m.	\$35	11x14" Canvas Acrylic
					Painting-Autumn Church
10/1	T	7+	3:30-5:30 p.m.	\$40	16x20" Canvas Acrylic
					Painting-Guiding Glow
10/8	T	7+	3:30-5:30 p.m.	\$40	Ceramic Gnome Planter
					Lantern: 7.5" x 7.5"
10/15	T	7+	3:30-5:30 p.m.	\$35	"Modern Fall Bouquet"
					Acrylic painting
10/22	T	7+	3:30-5:30 p.m.	\$35	11x14" Canvas Acrylic
					painting-Spellbinding Trio
10/29	T	7+	3:30-5:30 p.m.	\$35	11x14" Canvas Acrylic
					painting-Harvest Blue
11/5	T	7+	3:30-5:30 p.m.	\$65	Veteran's Day 12" Etched
					Wood 3D Square
11/12	T	7+	3:30-5:30 p.m.	\$25	8x10" Canvas Acrylic
					painting-Cozy Owl Babies
11/19	T	7+	3:30-5:30 p.m.	\$45	12" Thankful Door Hanger-
					Etched Wood/Acrylic Paint
11/26	T	7+	3:30-5:30 p.m.	\$35	11x14" Canvas Acrylic
					painting, Back-Country Bear
12/3	T	7+	3:30-5:30 p.m.	\$75	18" Wood Cutout Wine
					Bottle Holder, "Spirit Tree"
12/10	T	7+	3:30-5:30 p.m.	\$65	12" Ceramic Christmas Tree
					-"Nostalgia Tree"
12/17	T	7+	3:30-5:30 p.m.	\$35	11x14" Canvas Acrylic
					painting-Highlander Cow

Instructor: Paula Roberts of Dip Into Art

continued on next page...

9/10 14" Hello Fall Round Door Hanger:

Embrace the autumn spirit by joining Paula to create a charming fall door hanger! Together, we'll delve into an exciting crafty adventure where we will be using acrylic paints in beautiful fall colors using a 14" Wood Round as our starting point. With stencils at hand, we will elegantly write "Hello Fall" to welcome the season in style. Additionally, we'll



jazz up twine with beads for a decorative touch, and you'll have free rein to personalize your creation with an array of delightful fall foliage pieces. Get ready to infuse your home with warm seasonal vibes! All supplies included.

9/17 Harvest Moon Woman Silhouette: Join us for a delightful evening under the Harvest Moon! Paula will be your guide, offering stepby-step instructions on how to create a charming fall woman silhouette painting. Let's capture the essence of this year's harvest moon and celebrate the enchanting spirit of autumn together. All supplies included.



9/24 11"x14" Canvas Acrylic Painting -

Autumn Church: Step into the captivating world of autumn as Paula guides you through creating a stunning fall church scene. With no experience needed, she'll lead you on a colorful journey filled with rich fall hues and heavenly views. Join us for a delightful painting experience that will leave you feeling inspired and creatively fulfilled. All supplies included.



10/1 16x20" Canvas Acrylic Painting-Guiding Glow: Join Paula in this lovely acrylic painting session where you'll be guided step by step to create a charming lantern painting with

the delightful flowers and fruits of autumn. This painting will be painted on a 16x20" stretched canvas. All supplies included.



10/8 Ceramic Gnome Planter Lantern: Paula will be your trusty guide, leading you step by step in crafting this adorable 7.5"H x 7.5"W Ceramic Gnome Planter Lantern that can house small succulents, flowers, or anything else you would like. Using acrylic paint, we will bring this cutie to life, and with a finishing touch of Triple Thick Gloss Glaze. The planter also accommodates one



battery-operated Tea Light or Easy Bright. All supplies included along with one battery operated tea light!

10/15 "Modern Fall Bouquet" Acrylic painting: Join Paula as she guides you step by step in painting in a modern, minimalist style. This floral bouquet will be painted on a ½ inch 10x10 wood panel surface. All supplies included.



10/22 11x14" Canvas Acrylic painting-**Spellbinding Trio:** Get ready

to dive into the Halloween spirit with a Spellbinding Trio art session! Paula will lead you step by step through creating this Halloween-themed painting using acrylic paints. Bring enchanting, fun, and a touch of magic to your Halloween festivities. All supplies included.



10/29 11x14" Canvas Acrylic painting-Harvest

Blue: Get ready for a delightful experience with Paula as she takes you through the enchanting process of painting a Harvest Blue pumpkin. Using acrylic paint, Paula's step-by-step guidance will help you bring to life a whimsical blue pumpkin design. It's a fun and engaging way to



add a touch of charm to your fall decor while exploring your artistic side. All supplies included.

11/5 Veteran's Day Etched Wood Door or Wall hanger: Are you ready to celebrate Veterans Day in a unique and artistic way this year? Join us for a special event, the sky's the limit with these 3D interchangeable 12" 1/4" thick mdf etched wood pieces. Paula will guide you step-by-step on how to paint and put together this charming door or wall hanger. All supplies included.



11/12 8x10" Canvas Acrylic painting-

Cozy Owl Babies: Oh my, if you're looking for the perfect project to add some cozy charm to your space, look no further than the Cozy Owl Babies 8x10" small canvas painting. These adorable little owls are just waiting to



bring a smile to your face with their sweet expressions. Let this little painting be at the top of your to-paint list! Paula will guide you step-by-step on how to paint these cuties, making it a fun and enjoyable experience for all. All supplies included.

11/19 12" Thankful Round Door Hanger-Etched Wood &

Acrylic Paint: Looking for a seasonal door hanger to bring in this Thanksgiving year? The Thankful Door Hanger using acrylic paint is the perfect choice for adding a touch of elegance to your home decor. This simple yet charming door hanger etched wood piece is ready to be painted! Paula will guide you step-by-step through the painting process, you'll enjoy a fun and rewarding experience, creating a beautiful piece that reflects your gratitude.



Come And Enjoy!

continued on next page...

11/26 11x14" Canvas Acrylic painting - Back-Country Bear: Are you ready for a creative adventure? Join Paula for an exciting Back Country Bear Acrylic painting session! Step into the back country as she guides you through each brushstroke, bringing to life a cool, call of the wild scene. With Paula's

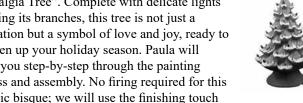


expert instruction and friendly demeanor, you'll be amazed at the masterpiece you can create. All supplies included.

12/3 18-inch-Tall Wine Bottle Holder, Wood Cutout Style "Spirit Tree": Join us for a crafty painting session and bring in the upcoming Holiday Season with this unique, 18-inch-tall bottle/wine holder piece. Paula will lead the way, step-by-step, painting each piece and assembling the Spirit Tree. All supplies included!



12/10 12" Ceramic Christmas Tree w/ Base & Light Kit-Nostalgia Tree: Picture this charming 12-inch Ceramic Christmas Tree with Base & Dight Kit as your very own "Nostalgia Tree". Complete with delicate lights adorning its branches, this tree is not just a decoration but a symbol of love and joy, ready to brighten up your holiday season. Paula will guide you step-by-step through the painting process and assembly. No firing required for this ceramic bisque; we will use the finishing touch with Triple Thick Gloss Glaze. All supplies included.



12/17 11x14" Canvas Acrylic painting-"Highlander Cow

Christmas": Embrace the festive spirit with the iconic "Highlander Cow Christmas" acrylic painting workshop! Who says the holidays are complete without the lovable Highlander Cow getting all decked out in Christmas cheer? Join Paula for a joyful painting session where you'll be guided stepby-step in transforming a blank canvas into a whimsical holiday canvas.



INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others? Complete an employment application and program proposal form at www.clarkecounty.gov and email to ccpr@clarkecounty.gov or call 540-955-5140 to speak with a program coordinator.

Oops!! We canceled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors canceled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. Don't wait, register today!

Fitness

AM TOTAL FITNESS

Date:	Day:	Age:	Time:	FEE:
9/4-25	W	16+	9-10a.m.	\$28
9/9-30	M	16+	9-10a.m.	\$28
10/2-30	W	16+	9-10a.m.	\$35
10/7-28	M	16+	9-10a.m.	\$28
11/4-25	M	16+	9-10a.m.	\$28
11/6-27	W	16+	9-10a.m.	\$28
12/2-30	M	16+	9-10a.m.	\$35
12/4-18	W	16+	9-10a.m.	\$21

Instructor: Shannon Tipton

Location: Rec Center staff parking lot

Total Fitness is a variety fitness class for men and women that includes interval training, body weight, weights, and cardio exercises. Modifications for varying levels of fitness are available. Bring a mat, hand weights (if you have them), and water. Every class is different. NOTE: Dress for the weather. Drop-in enrollment is \$9.50 when class meets minimum enrollment. Class will follow the Clarke County school schedule for inclement weather.

CHAIR YOGA (IN PERSON & VIA ZOOM)

Date:	Day:	Age:	Time:	Fee:
9/9-30	M	16+	11:30-12:30p.m.	\$28
10/7-28	M	16+	11:30-12:30p.m.	\$28
11/4-25	M	16+	11:30-12:30p.m.	\$28
12/2-23	M	16+	11:30-12:30p.m.	\$28

Instructor: Sue Miller

Chair yoga is a gentle yoga done while safely and comfortably seated. Some poses require standing behind the chair while using the chair for stability. Improve posture, ease arthritis and general pain, reduce stress, improve flexibility, strength, balance, energy, and mental attitude. Class also includes meditation, breathing, stretching, and relaxation. Bring a mat and water. Students can attend in person or via Zoom. Instructor will send Zoom access prior to each class; provide a valid email address at registration. NOTE: Drop-in enrollment is \$9.50 when class meets minimum enrollment.



ONLINE FLUID MOTION

Date:	Day:	Age:	Time:	Fee:
9/4-25	W	55+	11a.m12p.m.	\$28
9/4-25	W	55+	6-7p.m.	\$28
9/6-27	F	55+	10-11a.m.	\$28
9/9-30	M	55+	11 a.m12p.m.	\$28
10/2-30 (no 10/16, 10/30)	W	55+	11 a.m12p.m.	\$21
10/2-30 (no 10/16, 10/30)	W	55+	6-7p.m.	\$21
10/4-25 (no 10/18)	F	55+	10-11a.m.	\$21
10/7-28 (no 10/14, 10/21)	M	55+	11 a.m12p.m.	\$14
11/1-22	F	55+	10-11a.m.	\$28
11/4-25	M	55+	11a.m12p.m.	\$28
11/6-27	W	55+	11a.m12p.m.	\$28
11/6-27	W	55+	6-7p.m.	\$28
12/2-30	M	55+	11a.m12p.m.	\$35
12/4-18	W	55+	11a.m12p.m.	\$21
12/4-18	W	55+	6-7p.m.	\$21
12/6-27	F	55+	10-11a.m.	\$28

Instructor: Jane Johnston

Fluid Motion is Feldenkrais MethodTM Awareness through MovementTM online class that is perfect for reclaiming vitality and movement loss due to aging, disease, and/or disuse. NOTE: Drop-in enrollment is \$9.50 when class meets minimum enrollment.

ONLINE FITT FOREVER WITH STRENGTH & STRETCH

Date:	Day:	Age:	Time:	Fee:
9/3-24	T	55+	10-11a.m.	\$28
9/5-26	TH	55+	10-11a.m.	\$28
10/1-29 (no 10/15, 10/22)	T	55+	10-11a.m.	\$21
10/3-31 (no 10/17, 10/24)	TH	55+	10-11a.m.	\$21
11/5-26	T	55+	10-11a.m.	\$28
11/7-21	TH	55+	10-11a.m.	\$21
12/3-17	T	55+	10-11a.m.	\$21
12/5-19	TH	55+	10-11a.m.	\$21

Instructor: Jane Johnston

*There is a \$9.50 drop-in option when class meets minimum. This ONLINE strength training & stretching class designed to revitalize participants with more energy, confidence and satisfaction. Please bring a mat, 12-inch ball (kid's kickball) and light hand weights.

ONLINE TAI CHI GONG



Date:	Day:	Age:	Time:	Fee:
9/6-27	W	55+	12:15-1:15p.m.	\$28
10/4-25 (no 10/18)	W	55+	12:15-1:15p.m.	\$21
12/6-27	W	55+	12:15-1:15p.m.	\$28

Instructor: Jane Johnston

*There is a \$9.50 drop-in option when class meets minimum. This ONLINE Yang Family Tai Chi, Qi Gong taught using Tai Chi principles with an emphasis on improving your balance, coordination and relaxation. We will work on the Yang Family Tai Chi 10 Movement Form "Tai Chi Gong" and learn the traditional form and then reverse the form and do it on the other side.

LOW INTENSITY ZUMBA

Day:	Age:	Time:	Fee:
F	16+	10-11a.m.	\$21
F	16+	10-11a.m.	\$28
F	16+	10-11a.m.	\$21
F	16+	10-11a.m.	\$21
	F F F	F 16+ F 16+	F 16+ 10-11a.m. F 16+ 10-11a.m. F 16+ 10-11a.m.

Instructor: Joan Samples

Low-Intensity Zumba is all about having fun while getting into shape. It is a slower pace than classic Zumba, but still exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness party. Bring water and a towel. NOTE: Drop-in enrollment is \$9.50 when class meets minimum enrollment.

YOGA TONE

				- 60
Date:	Day:	Age:	Time:	- 1
9/3-24	TU	16+	7-8p.m.	- //
10/1-29	TU	16+	7-8p.m.	
11/12-26	TU	16+	7-8p.m.	
12/3-17	TU	16+	7-8p.m.	
Instructor S	Stuart Hill			1



Instructor: Stuart Hill

This is a mixed-level combination yoga, toning, and strength training class. Modifications are presented for all fitness levels. Emphasis is on posture, breathing, and strength training exercises to tone the whole body. A yoga mat is recommended. NOTE: Drop-in enrollment is \$9.50 when class meets minimum enrollment.

BALANCE AND MOBILITY

Date:	Day:	Age:	Time:	Fee:
9/21	SA	50+	10:30-11:30a.m.	\$10
10/12-19	SA	50+	10:30-11:30a.m.	\$20
11/23-30	SA	50+	10:30-11:30a.m.	\$20

Instructor: Joy Felegie

Designed for older adults and those who want or need to improve their balance, strength, and mobility. Each class works on controlling center of gravity, increasing strength, gaining flexibility, improving endurance, exploring multi-sensory training and enhancing gait pattern.

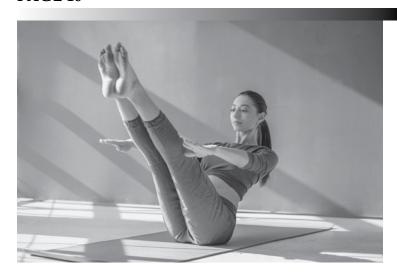
HATHA YOGA

Date:	Fee:	Age: Time:
9/9-30	\$28	16+ 6-7p.m.
10/7-28 (no 10/21)	\$21	16+ 6-7p.m.
11/11-25	\$21	16+ 6-7p.m.
12/2-23	\$28	16+ 6-7p.m.
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Instructor: Katie Steinmetz

This gentle yoga class uses standing and sitting poses to stretch the whole body, breath awareness to reduce stress, and relaxation to cleanse the mind. Bring a yoga mat. NOTE: Drop-in enrollment is \$9.50 when class meets minimum enrollment.





PILATES WORKSHOPS

Date:	Day:	Age:	Time:	Fee:
9/5	TH	16+	6-7p.m.	\$10
10/3	TH	16+	6-7p.m.	\$10
11/7	TH	16+	6-7p.m	\$10
12/5	TH	16+	6-7p.m	\$10

Instructor: Jillian Lee (Pilates-34.com)

Strengthen your core, improve your endurance and flexibility, balance, and posture. Class focuses on the Joseph Pilates movement system that strengthens movement from your core muscles, cultivating a mind-body connection. Bring a mat. 1 class

TOTAL BODY TONE & STRENGTH

Date:	Day:	Age:	Time:	Fee:
9/4-25	W	16+	7:30-8:30p.m.	\$28
9/9-30	M	16+	7:30-8:30p.m.	\$28
10/2-30	W	16+	7:30-8:30p.m.	\$35
10/7-28	M	16+	7:30-8:30p.m.	\$28
11/4-25	M	16+	7:30-8:30p.m.	\$28
11/6-27	W	16+	7:30-8:30p.m.	\$28
12/2-30	M	16+	7:30-8:30p.m.	\$35
12/4-18	W	16+	7:30-8:30p.m.	\$21

Instructor: Colette Lambert

Whether you are just starting out, want to maintain or improve your fitness level, this class will help you achieve your goals. After an intentional body warm up, we will work each muscle group and core using light to medium weights, bands or body weight. The workout will ramp up your heart rate intermittently to improve endurance and stamina. The circuit training style has a fun and active pace designed for you to work at your pace while building your strength and skills to the next level. NOTE: Drop-in enrollment is \$9.50 when class meets minimum enrollment.

INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others? Complete an employment application and program proposal form at www.clarkecounty.gov and email to ccpr@clarkecounty.gov or call 540-955-5140 to speak with a program coordinator.

General Interest

INTRO TO ESSENTIAL OILS

Date:	Day:	Age:	Time:	ree	: 10p1c:
9/25	W	16+	6:30-8:30p.m.	\$5	Frazzled Mom
10/23	W	16+	6:30-8:30p.m.	\$5	Senior Adults
11/20	W	16+	6:30-8:30p.m.	\$5	Surviving the Holidays
12/4	W	16+	6:30-8:30p.m.	\$5	For Christmas Crafts
					and Cooking

Instructor: Lorrie Roberts

Frazzled Mom- In this Class, we're going to show you how to get through a frenetic, frantic, frazzling day with the help of some remarkable Essential Oils and Blends. We'll start with the beginning of your day and go right on through to the end. Everyone gets to make a "Keep Calm" roller bottle. One person wins a bottle of Lavender Essential Oil.

Essential Oils for Senior Adults-In this class you'll find a wealth of useful information about essential oils and blends that support energy levels, circulation, respiratory support, cognitive ability and memory, support for caregivers and much more. Everyone gets to make their own hand lotion, perfect for hand massages. One person wins a bottle of Frankincense essential oil.

Surviving the Holidays-In this class we're going to show you how to help support a fun and healthy holiday season, including seasonal aromas, Thanksgiving goodies, Christmas decorations, stocking stuffers, and much more. Everyone will get to make a Pumpkin Spice room spray. One person will win a free bottle of Cinnamon essential oil.

For Christmas Crafts and Cooking-In this class you'll find lots of useful information, tips, and recipes that can help you get ready for the holidays, including creating delicious holiday treats, spicing up traditional Christmas recipes, making amazing DIY gifts for friends and family and a lot more. Everyone will make a cinnamon ornament. One person will win Holiday Joy essential oil blend.

BABYSITTER 101

Date:	Day:	Age:	Time:	Fee:
11/9	SA	11-15	12-6p.m.	\$85

Instructor: Mary Veilleux

This interactive course helps youth learn to care for children and infants, be a good leaders and role models, and make good decisions and solve problems. Learn how to keep children and yourself safe, handle emergencies (injuries, illnesses, and household accidents), write resumes and interview for jobs, and much more. Participants learn by doing. NOTE: Bring a packed lunch; there is a half-hour lunch break. 1 class



ADULT & PEDIATRIC CPR/AED & FIRST AID

Date:	Day:	Age:	Time:	Fee:
10/30	\mathbf{W}	13+	6-9p.m.	\$100
11/6	W	13+	6-9p.m.	\$100
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Instructor: Ashley Neimiller

This course uses in-person lecture, videos, skills practice & checks to meet the most up to date CPR/AED instructional requirements. Students will learn care for cardiac and breathing emergencies as well as sudden illness and injuries. Practice of CPR skills is strenuous and students should be prepared to be on the floor for practice and actively moving throughout the CPR/AED portion of the course.

POKÉMON

Date:	Day:	Age:	Time:	Fee:
9/27	F	7+	6:30-8p.m.	\$5
10/18	F	7+	6:30-8p.m.	\$5
11/15	F	7+	6:30-8p.m.	\$5
12/13	F	7+	6:30-8p.m.	\$5
			-	

Leader: Mary Ivie

REFUSE TO BE A VICTIM

Date:	Day:	Age:	Time:	Fee:
9/6	F	12+	6-7p.m.	\$5
10/4	F	12+	6-7p.m.	\$5
11/8	F	12+	6-7p.m.	\$5
12/6	F	12+	6-7p.m.	\$5

Instructor: Master Deputy Curtis

The single most important step toward ensuring your own safety is having a personal safety strategy in place before you need it. This class covers various safety topics and strategies relevant and teaches how to be alert to dangerous situations and avoid criminal confrontation. NOTE: "Refuse to be a Victim" is not a firearms or self-defense class. An adult must accompany participants under age 16. 1 class

COOKING MATTERS

Date:	Day:	Age:	Time:	Fee:
9/9-30	M	15+*	12:30-2:30p.m.	FREE
10/7-28	M	15+*	12:30-2:30p.m.	FREE
11/4-25	M	15+*	12:30-2:30p.m.	FREE
12/2-23	M	15+*	12:30-2:30p.m.	FREE

Instructors: Anne Cushman and Margie Sollee

"Cooking Matters" is a hands-on cooking class. Participants prepare a delicious meal with food provided, talk about healthy eating, and plan for the next meal lesson. Learn how to store fresh produce so it lasts longer, how to substitute ingredients in recipes, and how to read nutrition labels. Everyone leaves with ingredients to make the meal at home. NOTE: An adult must accompany participants under age 15. 4 classes.

HOME HEALTH 101

Date:	Day:	Age:	Time:	Fee:	Topic:
9/16	M	18+	1-2p.m.	FREE	Navigating Resources
					for Care at Home
10/21	M	18+	1-2p.m.	FREE	Fall Education/Staying
					Safe at Home
11/4	M	18+	6-7p.m.	FREE	Care at Home/Fall Ed/
					Staying Safe at Home
11/18	M	18+	1-2p.m.	FREE	Navigating Resources
					for Care at Home
12/2	M	18+	6-7p.m.	FREE	Care at Home/Fall Ed/
					Staying Safe at Home
12/16	M	18+	1-2p.m.	FREE	Fall Education/Staying
					Safe at Home

Instructor: Wendy Kline

Do you have questions about safely aging in place for you or a loved one? Looking for resources to help you with home health care but you do not know what is available or where to even look for help? Then this workshop is for you! 1 class

STOP THE BLEED

Date:	Day:	Age:	Time:	Fee:
9/16	M	10+	6-9p.m.	Free
11/13	W	10+	6-9p.m.	Free

Instructor: Shawn Reynolds

Stop the Bleed is a national program designed to train individuals to help in bleeding emergencies before professional help arrives. Knowing how to control bleeding caused by serious injury is important for everyone, especially parents and caregivers. Stop the Bleed certified instructor Shawn Reynolds is a professional Firefighter/AEMT for Clarke County who has worked with government agencies here and abroad, teaching Tactical Medicine in permissive and non-permissive environments. He is an NAEMT Tactical Emergency Casualty Care (TECC) instructor, Tier 3 Tactical Combat Casualty Care (TCCC) medic/corpsman instructor, one of a handful of International Trauma Life Support (ITLS) High Threat instructors in the Mid-Atlantic region, and a firearms and medical instructor for Paramount Tactical. For more information, go to www.stopthebleed.org_Register at clarke.recdesk.com or by emailing sreynolds@clarkecounty.gov.



Oops!! We canceled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors canceled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. Don't wait, register today!

^{*}Parent/guardian supervision is necessary for players under 10. Join us to learn how to play Pokémon and battle with other players. We need at least 6 participants for this program to work. All ages and skill levels are welcome. Bring a 60-card deck and join the battle. No Trading! 1 meeting

BE WELL HEALTH WORKSHOPS

Date: Fee: Day: Age: Time: 9/1-12/31 18 +\$15/pp by appt by appt Instructor: Christel Montgomery, Certified Health and Life Coach Are you ready for a CHANGE? Self-care is not about being selfishit is actual the complete opposite. "I understand how easy it is to fall into the role of taking care of everyone and everything" It's time to move YOU to the front of the line and take YOUR health, goals and dreams **OFF** the back burner. As a better you makes a difference not just for you, but for all those around you including your family/ friends and community. Allow yourself this special gift of positive coaching and let Ms. Christel Montgomery, Certified Health and Wellness Coach guide you towards your health and wellness goals. We are offering both personalized group sessions by appointment only. Here are a List of topics she shares with groups of 3 or more **people** descriptions are available for each allow a 1 hour to a 1-hour and a 1/2 pending on group size with time for a short Q&A. She is offering these amazing programs at a very affordable group rate starting at \$15/person, Extended session options and pricing will vary based on length of program and number of participants. She is also available for speaking engagements.

Topics: Invitation to Wellness Sugar Talk
Clarity & Mindset Movement and Self Care
Balance and Habit Change Woman's Wellness Series
Individuals are encouraged to sign up for a Complimentary
Discovery Session. She has a Fall Special for \$60 for single coaching session or stop by one of her free Q&A sessions.

ONE ON ONE PERSONAL HEALTH COACH

Date: Day: Age: Time: Fee: 9/1-12/31 by appt. 21+ by appt. \$75/se

. \$75/session, \$225-4/phone sessions,

(Fall Special

\$60/session thru 12/31)

Instructor: Christel Montgomery, Certified Health and Life Coach One on One Personal Health coaching can help you begin your pathway to wellness. Health Coaching will offer the right system, support and accountability for you. Sessions include initial consultation with a client action guide, follow-up notes, along with supporting client handouts and continued support from 1, 4, 6, or 12 one hour weekly sessions. Fees will vary based on number of sessions that you choose.

Session Packages *Special Bonuses included! https://bwelljourney.wixsite.com/coaching



WOMEN'S CAMPFIRE

Date: Day: Ages: Time: Fee: 9/20 F 18+ 6-8p.m. \$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

Ladies come outdoors for an evening of storytelling, sing-a-longs and a good ole fashion marshmallow roast. Please bring water and flashlight to our campfire circle.

BE WELL COACHING COMPLIMENTARY DISCOVERY SESSION

Date: Day: Age: Time: Fee: Free 9/1-12/31 by appt 18 +by appt Instructor: Christel Montgomery, Certified Health and Life Coach Have you ever wondered what it would be like to experience having a Health or Life Coach? Now's your chance. This Complimentary Discovery Session will allow you to experience just that. Coach Christel will help you uncover what has been stopping you or slowing you down from having the health / life you want. She will help you discover how to BE Well in your body, mind and spirit as well as discover which foods and lifestyle habits are bringing you down and what to do about it. This is a 60-minute phone call focused on YOU. No worries about the location –it is from the comforts of your home or wherever.

PRIVATE GROUP ZINE TIME

Date/Day: Age: Time: Fee: Theme: By appt 18 +\$55* Ladies Night Zine by appt By appt 11-17 \$55* Teens/Tweens Zine by appt Instructor: Christel Montgomery, Certified Health and Life Coach with Be Well Coaching

Create your own Private class of Zinisters to manifest your thoughts into a pocket sized vision board(s) –a ZINE! Make and Take, Trade –sell your creations-Save for a rainy day. Come in and create. You choose your own theme as our instructor guides you thru the discovery process. *Additional material fees to be discussed with serious inquiries –basic materials, deluxe materials, length of sessions (1-2 hours). Material fees may be reduced if group wishes to supply their own. *Fee for up to 10 people then \$5/pp

ONLINE CHRONIC DISEASE SELF-MANAGEMENT PROGRAM

Date: Day: Age: Time: Fee: 9/30-11/5 M 18+ 6-8:30p.m. TBD

Instructor: April Payne & Jessica Jones, VCE

VCE is excited to offer virtual sessions of Stanford University's Chronic Disease Self-Management Program (CDSMP) this spring. If you or a loved one is living with a chronic condition, you know that how we manage our conditions on a day to day basis greatly determines our symptoms and quality of life. CDSMP participants practice evidence-based tools to control their symptoms, better manage their health problems, and lead fuller lives. The programs are facilitated by Leaders with their own health challenges. Our programs are highly interactive, focusing on building skills, sharing experiences, and support.

BOOK CLUB FOR THE ADULTS

Date:	Day:	Age:	Time:	Fee:
9/13	F	18+	7-8p.m.	\$10
10/4	F	18+	7-8p.m.	\$10
11/8	F	18+	7-8p.m.	\$10
12/6	F	18+	7-8p.m.	\$10

Instructor: Alyssa Reams

Bring what you are currently reading, a snack, and a beverage of your choice. We will share thoughts on what we are reading and build a community of book lovers!

Licensed Childcare

AFTER SCHOOL CHILD CARE 2024/2025 SCHOOL YEAR

Date:	Day:	Age:	Time:	Fee:
August	M-F	K-5th Grade	3-6p.m.	\$135
September	M-F	K-5th Grade	3-6p.m.	\$285
October	M-F	K-5th Grade	3-6p.m.	\$315
November	M-F	K-5th Grade	3-6p.m.	\$240
December	M-F	K-5th Grade	3-6p.m.	\$225
January	M-F	K-5th Grade	3-6p.m.	\$270
February	M-F	K-5th Grade	3-6p.m.	\$270
March	M-F	K-5th Grade	3-6p.m.	\$285
April	M-F	K-5th Grade	3-6p.m.	\$225
May	M-F	K-5th Grade	3-6p.m.	\$285
June	M-F	K-5th Grade	3-6p.m.	\$75

NOTE: Registration began July 9, 2024.

After School Program is State-Licensed and located at DG Cooley Elementary School –Upper Campus, 34 Westwood Rd. Program operates daily on regular school days. Transportation is provided by Clarke County Public Schools for children who attend Clarke County Public Schools. This program follows the Clarke County Public School schedule and is subject to change.

PAYMENT: First month tuition plus \$35 non-refundable registration fee is due upon registration. If your child is enrolled in the Full Day Child Care Program for the 2024-2025 school year the registration fee is satisfied. Fees are paid monthly.

REGISTRATION: Walk-in registration is required at the Clarke County Recreation Center. Prior to registration, each family must create an account at **https://clarke.recdesk.com** Registration Packets are available at the Clarke County Recreation Center in Chet Hobert Park.

Registration will not be accepted without these required documents.

- 1) Completed Registration Forms
- 2) The Child's Original Birth Certificate for CCPR staff to view and record. (First Time Participant)
- A copy of the Child's Immunization Records (First Time Participant)
- 4) A copy of the child's Complete School Physical Examination. (First Time Participant)

(Allow two week days (M-F) to process your registration)





FULL DAY CHILD CARE PROGRAM 2024/2025 SCHOOL YEAR

Date:	Day:	Age:	Time:	Fee:	Reg/
					Payment
					Due Date:
9/20	F	K-5th Grade	7:30a.m6p.m.	\$27	Upon
					Registration
10/11	F	K-5th Grade	7:30a.m6p.m.	\$27	9/15
10/25	F	K-5th Grade	7:30a.m6p.m.	\$27	9/15
11/4	M	K-5th Grade	7:30a.m6p.m.	\$27	10/15
1/2	TH	K-5th Grade	7:30a.m6p.m.	\$27	12/15
1/3	F	K-5th Grade	7:30a.m6p.m.	\$27	12/15
1/17	F	K-5th Grade	7:30a.m6p.m.	\$27	12/15
2/7	F	K-5th Grade	7:30a.m6p.m.	\$27	1/15
3/7	F	K-5th Grade	7:30a.m6p.m.	\$27	2/15
3/21	F	K-5th Grade	7:30a.m6p.m.	\$27	2/15
4/4	F	K-5th Grade	7:30 a.m6 p.m.	\$27	3/15
5/1	TH	K-5th Grade	7:30 a.m6 p.m.	\$27	4/15

NOTE: Registration began July 9, 2024.

Full Day Child Care Program is a State-Licensed program located at DG Cooley Elementary School –Upper Campus, 34 Westwood Rd. Participants are busy with arts and craft projects as well as a variety of recreational activities. Each child must bring a non-perishable lunch, refillable water bottle, and wear athletic shoes. Morning and afternoon snacks are provided. This Program follows Clarke County Public School schedule and is subject to change. PAYMENT: A \$35 non-refundable registration fee is due upon registration along with any full days during the first month care is

needed. If your child is enrolled in the After School Program for the 2024-2025 school year the registration fee is satisfied. Fees are paid monthly. **REGISTRATION:** Walk-in registration is required at the Clarke

County Recreation Center. Prior to registration, each family must create an account at https://clarke.recdesk.com Registration packets are available at the front desk of the Clarke County Recreation Center in Chet Hobert Park.

Registration will not be accepted without these required documents.

- 1) Completed Registration Forms
- 2) The Child's Original Birth Certificate for CCPR staff to view and record. (First Time Participant)
- 3) A copy of the Child's Immunization Records (First Time Participant)
- 4) A copy of the child's Complete School Physical Examination. (First Time Participant)

(Allow two week days (M-F) to process your registration)

NOTE: This program must meet minimum enrollment requirements, or it will be canceled two weeks in advance of the program date. This program is subject to change based on staffing availability.

Special Events

FALL & HOLIDAY CRAFT SHOW

11/2 9am-4pm 11/3 10am-3pm Free admission for visitors. Over 100 Vendors will be exhibiting inside and outside the Clarke County Recreation Center. This event is held rain



or shine! Stop by and start your Christmas Shopping early. Vendors should only contact and pay Clarke County Parks and Recreation for booth space rentals. For more information, call 540-955-5147.

NERFTM BATTLE

Date:	Day:	Age:	Time:	Fee:
10/11	F	5+	7-8:30p.m.	\$8
10/25	F	5+	7-8:30p.m.	\$8
11/15	F	5+	7-8:30p.m.	\$8
12/6	F	5+	7-8:30p.m.	\$8

Location: Clarke County Recreation Center

Get your blasters ready for Friday Night NerfTM Battles!
Participants will form teams and play different games, including
Team Battle, Infection, and Elimination. Safety goggles are required

and provided for children who need them. Bring a NerfTM Blaster or rent one for an additional \$3. All Blasters must use the standard NerfTM dart and will be checked and approved by staff prior to Battle. Dart ammo is provided by Parks and Recreation. Children ages 8 and under must be accompanied by adults.

COSMIC PICKLEBALL

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Date:	Day:	Age:	Time:	Fee:
9/20	F	15+	7-8:30p.m.	\$6
10/18	F	15+	7-8:30p.m.	\$6

Location: Clarke County Recreation Center

CCPR is introducing Cosmic Pickleball! Wear your brightest neon clothing and grab your paddle. Play pickleball under blacklights for a fun twist to one of the most popular growing sports. Paddles will be provided if needed. Limited spots available. Pre-registration required.

WASHINGTON COMMANDERS TICKETS

Washington Commanders football game tickets are available beginning Aug. 10 at the Clarke County Recreation Center in Chet Hobert Park.

Call (540) 955-5140 for more details.

FALL CLEANUP DAY

Date: Day: Age: Time: 9/20 F All 4-6 p.m.

To volunteer bring your gloves and a rake or pitch: the stage in Chet Hobert Park. We will till mulch, pull weeds, and pick up debris at the playgrounds. This is a great opportunity for community service/volunteer hours!

SPOOK-TACULAR "SCOOBY DOO 2 (2004)" MOVIE NIGHT

Date:	Day:	Age:	Time:	Fee:	
10/25	F	All	6-8 p.m.	Free	
Everyone should bring a comfortable pillow and blanket to sit on					

for the movie. Costumes are welcome.

LASER TAG PARTY

Date:	Day:	Age:	Time:	Fee:
9/6	F	All	6-8 p.m.	\$10
11/8	F	All	6-8 p.m.	\$10

Imagine the thrill of laser tag at the Park! A game coach will be onsite to set up a playing field, supply equipment, and give instructions. The laser taggers are state of the art! *There is real* time scoring! Up to 20 can play at once, and we will rotate players through! This party will take mission-based games, such as Capture the Flag, King of The Hill, Grab for Gold and more to a whole new level! This event is held in the Recreation Center gymnasium and fog machines & strobe lights may be utilized.

STORY TIME WITH SANTA

Parade at noon.

Date:	Day:	Age:	Time:	Fee:	
12/7	SA	All	9:30-10:30 a.m.	\$5	
Come enjoy	some dor	nuts and mi	lk/juice while listening	to a story	
read by San	ita. Parents	bring a ca	mera for photo ops. Af	terwards,	
everyone is encouraged to head into Berryville for the Christmas					

SELF-GUIDED DRIVING TOUR OF CLARKE COUNTY LIGHTS

Date: Day: Age: Time: Fee: 12/1-12/31 All All Dark FREE

Do you enjoy viewing homes decorated in lights during the holiday season but want to know where they are? Register for this program to receive a list of festively illuminated Clarke County homes this holiday season. If you would like your home to be included on this tour or be a sponsor of this event (to have your business included on the list of homes/directions that is distributed), please call 540-955-5143, by 11/26.

A LETTER FROM SANTA

Date: Day: Age: Time: Fee: 11/18-12/8 All Newborn+ 9a.m.-9p.m. \$5*

In order for Santa to have all the information he needs, please complete his form during registration. Your child will receive a personalized letter from Santa. Included with the letter, is Santa's agenda for the month of December, and a recipe/craft from Mrs. Claus. Newborns will receive a personalized poem from Santa instead of a letter.

Sports & Athletics

FENCING BASICS 101

Date: Day: Age: Time: Fee: 9/20-12/13 (no 11/29) F 9+ 6:30-7:45p.m. \$250*

Location: Boyce Elementary School Gym

Instructor: David Copeland

Fee:*\$35.00 Glove purchase/RTF Fee (paid to instructor)
This 12 Week Course will cover the history of the sword, as it
relates to fencing, dueling, and the beginnings of the sport. Students
will get a basic understanding of all 3 weapons, how each one is
used, and a basic understanding of the rules. From the first lesson
and onward through the class, beginners will also acquire a basic
understanding of proper footwork, blade work, form, and function.
Students will also have the opportunity to fence using the same style
of electronic equipment used in the modern Olympic Games. 12
classes. **Dress code:** No shorts or tank tops are allowed in fencing.
Students should wear comfortable athletic pants, t-shirt, and
sneakers to camp.



MIXED FOIL 102

Date:	Day:	Age:	Time:	Fee:
9/20-12/13 (no 11/29)	F	9+	8-9:30p.m.	\$230*
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Location: Boyce Elementary School Gym

Instructor: David Copeland

Fee: *\$35 Annual RTF Fee (paid to instructor)

Fee: Partial equipment purchase required (paid to instructor-1st class) Prerequisite: Fencing Basic 101. This class focuses on tactical strategies of foil, a greater understanding of the rules, and holds the student to a higher physical demand. Students will learn foil blade work, footwork, acquire a good understanding of proper movement, understand reffing and open bouting on electronic scoring equipment. They will spend equal time observing, refereeing, fencing, and in physical training.12 classes

MIXED FOIL 202

Date:	Day:	Age:	Time:	Fee:
9/20-12/13 (no 11/29)	F	9+	7:30-9:30p.m.	\$275*
		~ .	. ~	

Location: Boyce Elementary School Gym

Instructor: David Copeland

Fee: *\$35 Glove purchase/RTF Fee (paid to instructor)

*Students must have acquired all of their own fencing gear for this class.

- Class.

Prerequisite: Fencing Basic 101 and Foil 102. Fencers will spend equal time observing, refereeing, fencing, and in physical training. 12 classes.

YOUTH OPEN SOCCER

Date:	Day:	Age:	Time:	Fee:
9/6-10/25	F	7-18	1-3p.m.	\$8
9/6-10/25	F	4-6	1-3p.m.	\$8

Instructor: Sara Catlett

Participants should wear shin guards, bring their own soccer ball and water bottle. Parents are required to help with this program to keep the cost low and keep it open as additional volunteers are needed to supervise the group. Participants will warm-up with conditioning activities and stretch out together then each group will receive instruction in basic soccer skills: kicking, dribbling, and passing the ball. Scrimmages will be set up with individuals according to age. The younger age group will most likely be a little shorter program time and longer rest breaks. Athletic shoes are required, cleats are recommended.

LITTLE SPLASHERS-GYMNASTICS

Date:	Day:	Age:	Time:	Fee:
9/5-26	TH	3-5.5	5-5:45p.m.	\$48
10/3-24	TH	3-5.5	5-5:45p.m.	\$48
11/7-21	TH	3-5.5	5-5:45p.m.	\$36*
12/5-19	TH	3-5.5	5-5:45p.m.	\$36*
9/5-26	TH	3-5.5	6-6:45p.m.	\$48
10/3-24	TH	3-5.5	6-6:45p.m.	\$48
11/7-21	TH	3-5.5	6-6:45p.m.	\$36*
12/5-19	TH	3-5.5	6-6:45p.m.	\$36*

COMBO PUDDLE JUMPERS AND WAVE RIDERS -GYMNASTICS

Date:	Day:	Age I:	Age II	Time:	Fee:
9/5-26	TH	5-7	8-15	5-6p.m.	\$60
10/3-24	TH	5-7	8-15	5-6p.m.	\$60
11/7-21	TH	5-7	8-15	5-6p.m.	\$45*
12/5-19	TH	5-7	8-15	5-6p.m.	\$45*
9/5-26	TH	5-7	8-15	6-7p.m.	\$60
10/3-24	TH	5-7	8-15	6-7p.m.	\$60
11/7-21	TH	5-7	8-15	6-7p.m.	\$45*
12/5-19	TH	5-7	8-15	6-7p.m.	\$45*

INTERMEDIATE GYMNASTICS -INVITE ONLY!

Date:	Day:	Age I	Age II	Time:	Fee:
9/5-26	TH	5.5-7	8-15	5-6:30p.m.	\$70
10/3-24	TH	5.5-7	8-15	5-6:30p.m.	\$70
11/7-21	TH	5.5-7	8-15	5-6:30p.m.	\$52*
12/5-19	TH	5.5-7	8-15	5-6:30p.m.	\$52*

Instructor: Kaylee Fowler-Tidal Wave Athletics

Location: D.G. Cooley Upper Campus Gym

Our Gymnastic Programs are presented in cooperation with **Tidal Wave Athletics**. Gymnastics is a great foundation for ALL SPORTS. Through gymnastics your athlete will learn balance, strength, coordination, and basic gymnastics skills in a FUN environment where safety is our number one priority! 4 classes *3 classes *Schedule is subject to change*.



OPEN ADULT CO-ED VOLLEYBALL

Date:	Day:	Age:	Time:	Fee:
12/10	TU	16+	6-8:30p.m.	\$3
12/17	TU	16+	6-8:30p.m.	\$3

Fee is \$3/pp for advanced registration until 12P.M., then **Drop in**

Fee goes up to \$5/pp

Our Open Volleyball program has been designed to promote play as we begin to build back up to league play. This will give Free Agents and Past Teams some time to regroup. Programs not meeting minimum participation numbers will be **cancelled** and no drop-ins offered if program is a max participation. Schedule is subject to change *All participants must create an account in clarke.recdesk.com*

RECREATIONAL CO-ED VOLLEYBALL LEAGUE

League: "B" League	Date: 1/14-4/22*	-	_	Time: 6:30-8:45p.m.	Fee: \$30 per
"C" League	1/14-4/22*	TU	16+	6:30-8:45p.m.	player \$30 per
Free Agent	1/14-4/22*	TU	16+	6:30-8:45p.m.	player \$30 per player

Registration Deadline: 1/12

*End date depends on number of teams and any inclement weather make up games. All players will have to create a household-pay registration fee then select a team or Free Agent and League, Practices begin 1/14, Games begin 1/21 Games begin promptly at 6:30p.m."B" league is for teams with Players who do not make frequent playing violations and know the rules. Free Agent sign up is for Players not already on a Team. Free Agents will be place on a list and given to Team Captains that need players that are unassigned Free Agents or if enough can make a team.

AFTER SCHOOL TENNIS

Date:	Day:	Age:	Time:	Fee:	Level:
9/19-10/3	TH	5-8	4-5p.m.	\$48	Red Ball
9/19-10/3	TH	9-12	5-6p.m.	\$48	Orange Ball
10/10-24	TH	5-8	4-5p.m.	\$48	Red Ball
10/10-24	TH	9-12	5-6p.m.	\$48	Orange Ball

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Red Ball-balls bounce lower & move more slowly through the air giving beginner players a chance to set up & take a good swing at the ball. The focus is on developing ABCs (agility, balance, & coordination) and the introduction of tennis fundamentals. **Orange Ball**-bounces higher, faster than the red ball, but slower

than the green ball. They are a step toward traditional yellow tennis ball while still remaining fun & manageable for players learning the game. Players continue to focus on agility, balance & coordination. Basic rallying, serving, & scoring skills are introduced. 3 Classes

LADIES BEGINNER TENNIS

Date:	Day:	Age:	Time:	Fee:
9/19-10/3	TH	18+	6:30-7:30p.m.	\$48
10/10-24	TH	18+	6:30-7:30p.m.	\$48

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Ladies come join us at the courts with Coach Jackie. Learn the fundamental of how to play Tennis-Grip, Stance, Stroke Hitting, Techniques, Rules & Etiquette in a fun way. Beginners and players looking to return back to the sport are welcome to register. Tennis is a wonderful way to meet new friends! 3 classes.

TENNIS TUESDAYS-JUNIORS

Date:	Day:	Age:	Time:	Fee:
9/17-10/1	TU	9-12	5-6p.m.	\$48
10/8-22	TU	9-12	5-6p.m.	\$48

Clarke County Youth Sports Organizations

Youth sports organizations listed below use Chet Hobert Park facilities, but are not affiliated with Clarke County Parks & Recreation. Each is an independent organization with its own leadership responsible for administration of their groups. Contact information is provided as a courtesy; Clarke County Parks & Recreation cannot guarantee its accuracy.

CLARKE COUNTY YOUTH BASKETBALL

Joe Braithwaite (540) 539-8878 Amy McCaw (703) 431-0136

P.O. Box 82, Berryville VA 22611 www.clarkecountyyouthbasketball.com

CLARKE COUNTY LITTLE LEAGUE

Kim Braithwaite

P.O. Box 812, Berryville VA 22611 www.clarkecountylittleleague.com

CLARKE COUNTY SOCCER LEAGUE

Ray Steen

commissioner@clarkesoccer.org P.O. Box 720, Berryville VA 22611 www.clarkesoccer.org

CLARKE COUNTY YOUTH FOOTBALL

clarkecountyyouthfootball@gmail.com P.O. Box 967, Berryville VA 22611 www.clarkeyouthfootball.org

CLARKE COUNTY YOUTH CHEER

ccyflcheerboard@gmail.com P.O. Box 967, Berryville VA 22611 www.clarkeyouthfootball.org

SHENANDOAH VALLEY YOUTH LACROSSE

CCYLacrosse@gmail.com https://svyl.sportngin.com



TENNIS TUESDAYS-TEENS

Date:	Day:	Age:	Time:	Fee:
9/17-10/1	TU	13-16	6-7p.m.	\$48
10/8-22	TU	13-16	6-7p.m	\$48

TENNIS TUESDAYS-ADULTS

Date:	Day:	Age:	Time:	Fee:
9/17-10/1	TH	16+	7-8p.m.	\$48
10/8-22	TH	16+	7-8p.m.	\$48

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Join her for an evening of fun! Please bring water bottle and equipment with you. We will have a limited number of Tennis Racquets available for each class. Tennis Balls will be provided. 3 classes.

FALL FAMILY TENNIS FESTIVAL

Date:	Day:	Age:	Time:	Fee:
9/28	SA	5+	1-3p.m.	\$15/pp

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Fall Family Tennis Festival is here come out and have some fun! Red Ball, Orange Ball Activities, Teen/Adult Drills, games & More. Hot Choc/Apple Cider or Cool Beverages along with so fun giveaway prizes. Register Early limited number of participants!

PRIVATE TENNIS LESSONS

TITE TITE	11120 222000110					
Date:	Day:	Age:	Time:	Fee:		
by appt.	by appt.	11+	TBD	\$65/hr		
SEMI-PRIVAT	E TENNIS LES	SSONS (2 P	EOPLE)			
Date:	Day:	Age:	Time:	Fee		
by appt.	by appt.	11+	TBD	\$35/hr/pp		
SEMI-PRIVATE GROUP TENNIS LESSONS (3+ PEOPLE)						
Date:	Day:	Age:	Time:	Fee		
by appt.	by appt.	14+	TBD	\$24/hr/pp		
RED BALL-GI	ROUP TENNIS	LESSONS	(3+ PEOPI	LE)		
Date:	Day:	Age:	Time:	Fee		
by appt.	by apt.	5-7	TBD	\$24/hr/pp		
ORANGE BAI	L-GROUP TE	NNIS LESS	ONS (3+ P	EOPLE)		
Date:	Day:	Age:	Time:	Fee		
by appt	by appt.	8-11	TBD	\$24/hr/pp		
GREEN/VELLOW BALL-GROUP TENNIS LESSONS						

GREEN/YELLOW BALL-GROUP TENNIS LESSONS

(3+ PEOPLE)

Date: Day: Age: Time: Fee by appt. by appt. 11 +**TBD** \$24/hr/pp

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Interested in enhancing your game? Private lessons improve your game through individualized attention and working on specific areas. Please bring water bottle and a Tennis Racquet with you or borrow one of ours.*by appointment only. Subject to changeweather conditions. **Group Lessons: players will be assessed and put in groups based on their abilities

SVTA-WTN TENNIS TOURNAMENTS **SAVE THE DATES:**

Junior 13 + Tennis Tournament-Sept 14th and 15th WTN Match Play Tournament -Adults/Juniors Oct 13th 9-1PM

- The WTN ratings used or establish a rating at the tournament
- Adults and Juniors 13+, Singles only (no doubles)

CCPR is excited to be one of the hosts and work with

Shenandoah Valley Tennis Association (SVTA) and other partner facilities to organize and have WTN Tennis Tournaments as we end the summer and kick off the fall programs. SVTA will be offering two tournaments-one in September (14th-15th) and one in October (13th-14th) These tournaments would use World Tennis Numbers to match players. The tournament would be set up with a range of values and then subdivided depending on the entries. WTN and UTR numbers are mainly used for recruiting college players. The SVTA is holding these tournaments to promote tennis throughout the region and educate players about WTN

https://worldtennisnumber.com/eng/your-number.

Contact SVTA for additional info – Email sytatns@gmail.com and visit www.svtatennis.net. Nominal Fees will be required to register with registration, times and tournament info **TBA**. Beginners are encouraged to register and get started with your own WTN number to use in future tennis leagues and entry into tennis tournaments.

BEGINNER/INTERMEDIATE GOLF CLINICS

Date:	Day:	Age:	Time:	Fee:
9/11	W	18+	6-7:30p.m.	\$20/pp
9/25	W	18+	6-7:30p.m.	\$20/pp/
10/9	W	18+	6-7:30p.m.	\$20/pp
10/23	W	18+	6-7:30p.m.	\$20/pp

Instructor: Joel Pyron, Director of Instruction

Location: Locust Hill Golf Course

Beginner/Intermediate clinics will be held monthly on the 2nd Wednesday of the month. They will be an hour and a half long from 6-7:30; and will cover the fundamentals of the game including grip, setup and the swing itself. Putting, chipping and full swing will also be covered.

PRIVATE GOLF INSTRUCTION/ CONSULTATION

Date:	Day:	Age:	Time:	Fee:
by appt	by appt	7-17	by appt	\$80
by appt	by appt	18+	by appt	\$100
T	T 1 D	D		

Instructor: Joel Pyron, Director of Instruction

Location: Locust Hill Golf Course

Private instruction starts with a 1 hour consultation. This is \$100 for adults and \$80 for juniors 17 and under. During the consultation players will receive an evaluation of their game, overview of the instructional program and a recommendation on what it will take to accomplish agreed upon objectives and goals. Consultations are booked directly with Joel Pyron, PGA Director of Instruction at Locust Hill Golf Course. Call or text 805-217-5070

Tiny-TO-Teen

AFTER-SCHOOL TUTORING

Date:	Day:	Age:	Time:	Fee		
by appt.	by appt.	5-15	by appt.	\$35/45m session		
by appt.	by appt.	5-15	by appt.	\$45/60m session		
Instructor: Allyson Allison						

Now offering Individual Tutoring for K-8th grade! This is the extra help your student needs to succeed in school. Each session will help the student excel in many subjects including, writing/grammar, phonics, spelling, math, science and history. Your student will be assessed and given exercises to help them progress. The instructor will assist with homework if needed. Organization and test taking skills will also be incorporated in this session. Sessions are scheduled for 45 min for \$35/session, 60 min for \$45/session. (Sessions can be conducted in-person or virtually)



CREATIVE ART AND DANCE TIME -WORKSHOPS

Date:	Day:	Age:	Time:	Fee:
9/25-10/9	W	4-7	4-4:45p.m.	\$28
10/16-30	W	4-7	4-4:45p.m.	\$28
11/6-20	W	4-7	4-4:45p.m.	\$28
12/4-11	W	4-7	4-4:45p.m.	\$19*

Instructor: Allyson Allison

Does your student like to draw and create things? Do they enjoy learning through movement of dance? Then join us for some art/ and dance time. Bring your ballet and tap shoes for some creative dance and weekly craft project for preschool-elem ages. 3 classes, *2 classes

JAZZ/HIP HOP 1 DAY DANCE WORKSHOPS

Date:	Day:	Age:	Time:	Fee:
9/23	M	7-11	4-5p.m.	\$12
10/14	M	7-11	4-5p.m.	\$12
11/18	M	7-11	4-5p.m.	\$12

Instructor: Allyson Allison

Jazz and Hip Hop are truly American dance styles. Originating from swing dance, jazz is upbeat and exciting, while hip-hop is heavy and low to the ground. Students will explore dynamic, energized movement to exciting music. Technique and safety will be important in the learning process. 1 class

PATHFINDERS FOR INFANTS & TODDLERS

Date:	Day:	Age:	Time:	Fee:		
9/17-10/1	TU	6m-2y	9:15-10a.m.	\$24		
10/8-22	TU	6m-2y	9:15-10a.m.	\$24		
10/29-11/19 (no 11/5)	TU	6m-2y	9:15-10a.m.	\$24		
11/26-12/10	TU	6m-2y	9:15-10a.m.	\$24		
Instructor: Kathy Budnie, Naturalist						

PATHFINDERS FOR PRESCHOOLERS

Date:	Day:	Age:	Time:	Fee:
9/17-10/1	TU	3-5	10:15-11a.m.	\$24
10/8-22	TU	3-5	10:15-11a.m.	\$24
10/29-11/19 (no 11/5)	TU	3-5	10:15-11a.m.	\$24
11/26-12/10	TU	3-5	10:15-11a.m.	\$24

Instructor: Kathy Budnie, Naturalist

Make new friends and share fun in nature with your family during our PATHFINDERS programs. We'll begin with "Baby Circle Time"—babies will sit on their blankets while Miss Kathy shares songs and stories. After that, Miss Kathy will lead preschoolers and their families on walks to discover nature. We'll go rain or shine, so please wear clothing, coats, and shoes to stay comfortable outdoors. NOTE: To keep everyone safe from food allergy reactions, please do not bring food on the activities. All are welcome to stay afterward to picnic and play. 3 classes.

PATHFINDERS FOR AFTER-SCHOOLERS

Date:	Day:	Age:	Time:	Fee:
9/17-10/1	TU	6-12	4:15-5:15p.m.	\$28
10/8-22	TU	6-12	4:15-5:15p.m.	\$28
10/29-11/19 (no 11/5)	TU	6-12	4:15-5:15p.m.	\$28
11/26-12/10	TU	6-12	4:15-5:15p.m.	\$28

Instructor: Kathy Budnie, Naturalist

After a day inside your school, let's go outside! We'll hike, explore, and find out how animals and plants are finishing the summer and getting ready for winter. We will go outdoors rain or shine, so please wear clothing, coats, and shoes to stay warm and dry whatever the weather. 3 classes.

BE A NATURE DETECTIVE!

Date:	Day:	Age:	Time:	Fee:
9/20	F	3+	10-11:30a.m.	\$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

Animals are good at staying out of our sight, but we can find out about them by looking for clues they've left behind. Bring your sharp eyes and ears, and let's see how sneaky we can be! It will be fun rain or shine, so please dress for the weather. To keep everyone safe from food allergy reactions, please do not bring food on the activities. Adult supervision of children is required. No charge for parents.

TRAIL HIKE ON THE KOHN PROPERTY

Date:	Day:	Ages:	Time:	Fee:
9/20	F	3+	1-2:30p.m.	\$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

Take a look at the Kohn property on this mile loop walk through the woods, past the pond, and along the meadows' edge. A leisurely hike on mostly flat terrain with fellowship time at the end. It will be fun rain or shine, so please dress for the weather. To keep everyone safe from food allergy reactions, please do not bring food on the activities. Adult supervision of children is required. No charge for parents.

HAVE A WILD TEA PARTY!

Date: Day: Ages: Time: Fee: 9/20 F 3+ 4-5p.m. \$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

What kinds of wild plants did our ancestors use to make tea? Learn to identify some of those plants, and then brew and taste them. It will be fun rain or shine, so please dress for the weather. To keep everyone safe from food allergy reactions, please do not bring food on the activities. Adult supervision of children is required. No charge for parents.



TRAIL HIKE ON THE KOHN PROPERTY

Date: Day: Ages: Time: Fee: 10/25 F 3+ 10-11:30a.m. \$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

Take a look at the Kohn property on this mile loop. Walk through the colorful forest, past the pond, and along the meadows' edge. It will be fun rain or shine, so please dress for the weather. To keep everyone safe from food allergy reactions, please do not bring food on the activities. Adult supervision of children is required. No charge for parents.

MAKE A LEAF SUN-CATCHER

Date: Day: Ages: Time: Fee: 10/25 F 3+ 1-2p.m. \$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

Bring your favorite colored leaf and make your own leaf suncatcher or bookmark. This is an easy craft for all ages, and a custom-made souvenir of your day. It will be fun rain or shine, so please dress for the weather. To keep everyone safe from food allergy reactions, please do not bring food on the activities. Adult supervision of children is required. No charge for parents.

INSTRUCTORS NEEDED

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OAK, MAPLE, BEECH, OR WHAT?

Date: Day: Ages: Time: Fee: 10/25 F 3+ 3:30-5p.m. \$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

Find out how to identify trees by their leaves, and make a leaf book if you like. We'll also try to answer the question, "Why are fallen leaves important in nature?" It will be fun rain or shine, so please dress for the weather. To keep everyone safe from food allergy reactions, please do not bring food on the activities. Adult supervision of children is required. No charge for parents.

NIGHT HIKE & STARGAZING

Date: Day: Ages: Time: Fee: 10/25 F 3+ 6:15-7:30p.m. \$10

Instructor: Kathy Budnie, Naturalist Location: Janet Kohn Memorial Cabin

Be adventurous and come along with us on a short, easy walk as darkness falls. Discover how animals find their ways around and avoid predators at night. If the sky is clear, we'll look at a few constellations and hear old stories about them. It will be fun rain or shine, so please dress for the weather. To keep everyone safe from food allergy reactions, please do not bring food on the activities. Adult supervision of children is required. No charge for parents.

BABY SIGNS® PARENT WORKSHOP

Date: Dav: Age: Time: Fee: 10/22 TU 18 +10-11a.m. Free Instructor: Donna Day, CERTIFIED BABY SIGNS INSTRUCTOR This free 60-minutes class provides parents and grandparents with an overview of what the Baby Signs® Program is about. Come learn everything you need to know to get started with the Baby Signs® Program, including effective ways to begin teaching signs at home, easy ways to use signs in your daily routines and what to expect as your baby transitions from signs to speech. We will learn many of the useful signs through games, songs and handon activities. Expectant parents, early childhood educators, and professionals are also welcome.



EXPLORERS CLUB-MONTHLY GATHERING

Date:	Day:	Age:	Time:	Fee:
9/27	F	4-7	6-7p.m.	\$10
10/18	F	4-7	6-7p.m.	\$10
11/15	F	4-7	6-7p.m.	\$10
12/20	F	4-7	6-7p.m.	\$10

Instructor: Alyssa Reams

In Explorers Club, students will practice social skills and learn to problem solve by participating in cooperative games and experiences with other participants.

ADVENTURES IN READING-PRESCHOOL

Date:	Day:	Age:	Time:	Fee:
9/13-27	F	4-5	4-4:45p.m.	\$28
10/4-18	F	4-5	4-4:45p.m.	\$28
11/8-22	F	4-5	4-4:45p.m.	\$28
12/6-20	F	4-5	4-4:45p.m.	\$28

Instructor: Alyssa Reams



ADVENTURES IN READING-AFTERSCHOOL

Date:	Day:	Age:	Time:	Fee:
9/13-27	F	5-7	5-5:45 p.m.	\$28
10/4-18	F	5-7	5-5:45 p.m.	\$28
11/8-22	F	5-7	5-5:45 p.m.	\$28
12/6-20	F	5-7	5-5:45 p.m.	\$28

Instructor: Alyssa Reams

Adventures in Reading: Everyone can enjoy reading if they find the right book! Students will listen to a variety of books and stories, engage in fun, interactive activities, and have imaginative discussions. Benefits of book clubs for children include social skills, turn taking and collaborating with others, sharing and listening to different ideas and perspectives, and increasing motivation to read and learn. Reading can and should be an adventure! 3 classes

BOOKS ALIVE -WORKSHOPS

	, , , , ,	011110110		
Date:	Day:	Age:	Time:	Fee:
9/13	F	12-15	6-7p.m.	\$10
10/4	F	12-15	6-7p.m.	\$10
11/8	F	12-15	6-7p.m.	\$10
12/6	F	12-15	6-7p.m.	\$10

Instructor: Alyssa Reams

Books can lead us to imaginative, fun, places! Enjoy discussions about books, books that have become movies, read a few "first chapters" of different books to find a new favorite, and perform a table read to spark creativity and bonding with other club members. Students are encouraged to dress up like their favorite character - comic book, fictional story, or historical figure.

SEASONAL GOURD ORNAMENTS

Date:	Day:	Age:	Time:	Fee:
10/1	TU	7+	4:30-6p.m.	\$10*
12/10	TU	7+	4:30-6p.m.	\$10*

Instructor Ann Hirschy, VLGS Instructor

*An additional \$10 supply fee is payable to the instructor on the day of class. Participants will decorate five mini-martin gourds using a base layer of chalk paint (dries quickly) and then embellish with seasonal materials: tissue paper decoupage, printed napkins, and glitter glue for a little sparkle! *Younger students 5 and up are welcome with an adult helper. 1 class.

WILDERNESS CLUB FOR KIDS!

Date:	Day:	Age:	Time:	Fee:
8/28-10/30*(no 9/11)	W	4-11	4:30-6:30p.m.	\$330

Instructor: Ben Drenning

Location: Wilderness Club-Bluemont, VA

The Wilderness Club is an after-school program that invites children to awaken and explore their connection with the natural world! Of all the activities that are available to little kids this is by far the most beneficial and the best time spent for my little ones." -A.D. One day a week, amid the rich woods and creeks of the Appalachian mountains, amid wild flowers and fox tracks, the children will have the chance to discover, learn, and challenge themselves, to train their senses and their awareness, to explore their own roots as they explore their basic needs, and, not least, to weave their own community as they learn to care for themselves and others at the same time. Mr. Drenning has extensive experience working outdoors with children, working therapeutically with children, working with special needs, and is a certified Montessori Teacher. 9 classes.

HOLIDAY ZINE TIME

Date:	Day:	Age:	Time:	Fee:
12/3	TU	8+	6:30-7:30p.m.	\$5
12/7	SA	8+	10:30-11:30a.m	\$5

Instructor: Christel Montgomery, Certified Health and Life Coach with Be Well Coaching

Get ready, Zinisters! This holiday season, create your own pocket-sized Vision Board—a ZINE. Turn your ideas into stories, share recipes, inspirational quotes, and messages. Use basic materials provided at your Creation Station. Collaborate, daydream, problem-solve, swap recipes, share playlists, and create comic books or DIY projects. Choose your own theme with guidance from our instructor. Schedule private group classes for birthdays, girls' nights, or comic book fan gatherings. 1 class

INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others? Complete an employment application and program proposal form at www.clarkecounty.gov and email to ccpr@clarkecounty.gov or call 540-955-5140 to speak with a program coordinator.

Trips, Tours & Adventures

PATHFINDERS FOR FAMILIES AND GROUPS

Date: Day: Age: Time: Fee: by appt by appt. 3+ TBD \$40/hr

Instructor: Kathy Budnie, Naturalist

Discover nature with your family and friends, get some outdoor exercise, or supplement your children's science studies. Groups of up to 10 people will work directly with our naturalist to make program arrangements. Possibilities include creek, river, and pond studies, insect searches, hikes, walks to learn about flowers, trees, birds, wildlife, ecology—or something else. Destinations are flexible. Entrance fees are not included in the program fee. Adult supervision of children is required.

TRUST YOUR GROUP TO COLLETTE,

the group experts for nearly 100 years. Their knowledgeable team will guide you every step of the way. Let someone else take care of the details that come with delivering the perfect trip while you relax and enjoy the experience. For more information about group travel please contact:

Tracey Pitcock at 540-955-5149 or tpitcock@clarkecounty.gov.

AMERICA'S MUSIC CITIES FEATURING NEW ORLEANS, MEMPHIS & NASHVILLE

June 08-15, 2025•8 Days•12 Meals

https://gateway.gocollette.com/link/1271382 *Highlights*

French Quarter, Jazz
Revue, Grammy Museum,
Graceland, Civil Rights
Tour, Barbecue Lunch,
Ryman Auditorium, Grand
Ole Opry Show, Country
Music Hall of Fame, Historic
RCA Studio B, Choice on
Tour: Goo Goo Cluster
Candy or Johnny Cash



Museum Included in Price:

Round Trip Air from Washington, Air Taxes and Fees/Surcharges, Hotel Transfers

Oops!! We canceled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors canceled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. Don't wait, register today!

SHADES OF IRELAND FEATURING NORTHERN IRELAND

10 DAYS Sept 19-28, 2025

https://gateway.gocollette.com/link/1232676 Highlights

Dublin, Irish Evening, Kilkenny, Waterford, Choice on Tour: Waterford Crystal Factory or Waterford Medieval Museum and Wine Vault, Blarney Castle, Killarney, Jaunting Car Ride, Ring of Kerry, Limerick, Cliffs of Moher, Sheepdog Demonstration, Galway, Castle Stay, a choice of Tour Options **Included in Price:** Round Trip Air from Washington, Air Taxes and Fees/Surcharges, Hotel Transfers

PARK MAP PAGE

NASHVILLE & THE SMOKY MOUNTAINS HOLIDAY FEATURING GATLINBURG & ASHEVILLE

December 06-13, 2025•8 Days•11 Meals https://gateway.gocollette.com/link/1271383 Highlights

Grand Ole Opry Show, Historic RCA Studio B, Country Music Hall of Fame, Gaylord Opryland Resort Dinner & Holiday Show, Dollywood, Great Smoky Mountains National Park, Asheville, Biltmore Estate Included in Price: Round



Trip Air from Washington, Air Taxes and Fees/Surcharges, Hotel Transfers

SPOTLIGHT ON TUSCANY

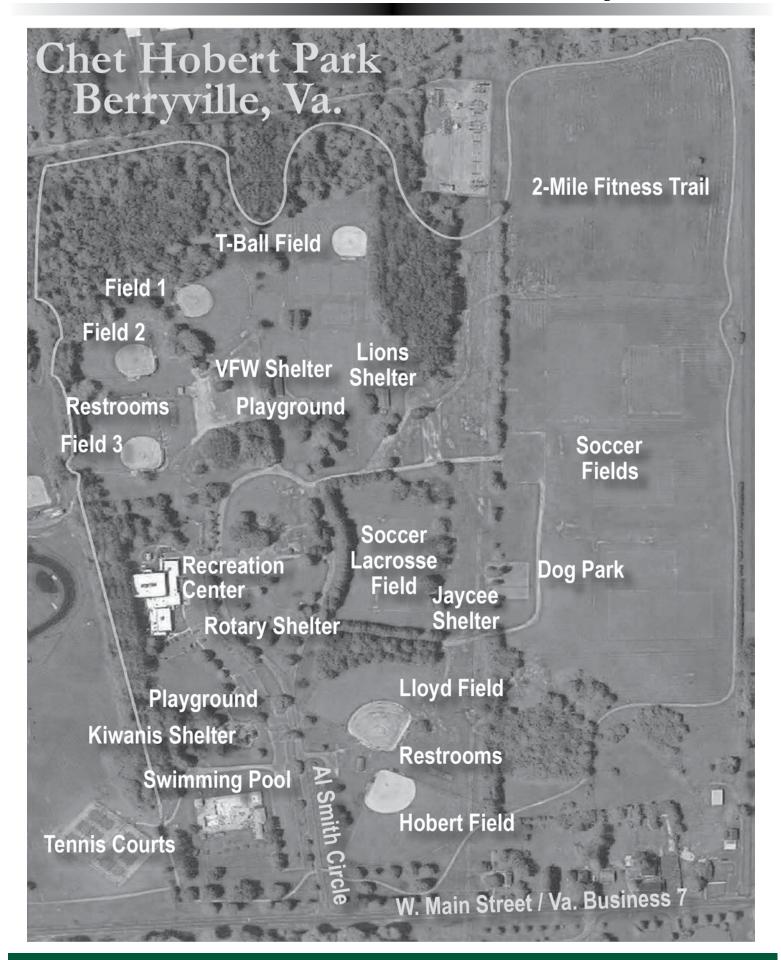
March 18-26, 2026•9 Days•11 Meals https://gateway.gocollette.com/link/1271420 Highlights

Montecatini Terme, Lucca, Gothic Line, Winery Tour, Florence, Choice on Tour: Montecatini Walking Tour or Siena, Pisa, Cooking Class, Cheese Farm, San Gimignano **Included in Price:** Round Trip Air from Washington, Air Taxes and Fees/Surcharges, Hotel Transfers.

SEPTEMBER TRIPS AND TOURS MEETING

You are invited to join us on **Tuesday, September 17th at 7PM.** If you can't join us in person a Virtual Link can be sent. In this meeting will be reviewing **Shades of Ireland** with our Special Guest Speaker. We also have some exciting trips to share for **2025-2026** with everyone. RSVP by contacting Tracey Pitcock, at 540-955-5149 or **tpitcock@clarkecounty.gov**





Facility Rental Fees

FACILITY	NON-RESIDENTS	CLARKE COUNTYRESIDENTS	ADDITIONAL FEES*	COMMERCIAL ACTIVITIES***
Picnic Shelters	\$45 (all day)	\$40 (all day)		\$60/hr Residents or \$80/hr Non-Residents
Tennis Courts	\$15/hour per court	\$10/hour per court		
Softball/Baseball Fields	\$25/hour per field	\$20/hour per field		\$40/hr Residents or
			\$20 dragging	\$50/hr Non-Residents
			\$10 lining	
			\$10/hour lights	
Soccer Fields	\$25/hour per field	\$20/hour per field		\$40/hr Residents or
Field 1,2 & Practice Field			\$60 lining	\$50/hr Non-Residents
Field 3,4 & 10			\$40 lining	
U6 & U8			\$20 lining	
RECREATION CENTER			СОМ	MERCIAL ACTIVITIES
Full Gym	\$80/hour	\$70/hour		\$140/hr Residents or \$160/hr Non-Residents
Half Gym	\$50/hour	\$40/hour		\$80/hr Residents or \$100/hr Non-Residents
Multi-Purpose Room	\$40/hour	\$30/hour		\$60/hr Residents or \$80/hr Non-Residents
Arts & Crafts Room	\$40/hour	\$30/hour		\$60/hr Residents or \$80/hr Non-Residents
ALC Main Room	\$75/hour	\$65/hour		\$130/hr Residents or \$150/hr Non-Residents
ALC Kitchen**	\$40/hour	\$30/hour	\$20/hour Supervisor Fee**	\$60/hr Residents or \$80/hr Non-Residents
Full Facility (ALC not included)	\$120/hour up to 8 hrs.	\$100/hour up to 8 hrs.	\$10/hour Holding Fee****	\$200/hr Residents or \$240/hr Non-Residents up to 8 hours
	\$60 each add'l hour	\$50 each add'l hour	Additional Service Fees	\$100/hr Residents or \$120/hr Non-Residents each additional hour
			May Be Charged, Including:	each additional nodi
			\$160 Floor Covering	
			\$20 per hour	
			Additional staff	
			\$15 Volleyball	
			\$20 Wee Gym Set-Up	
			\$10 Pickleball	
			\$75 Nerf Party	
**Supervisor Fee	\$20/hour	\$20/hour	\$20/hour	"Make facility reservation
Pool	\$250 for 2 hours	\$200 for 2 hours	\$40/each Additional Lifeguard	requests at clarke.recdesk.com."

Note Pool Rental: Pool rental fees includes 3 lifeguards for up to 100 people. Parties of more than 100 people require additional guard for every 30 additional people. Call Parks & Recreation at (540) 955-5140 for more information.

Note: Rental fees apply to personal use.

- * Clarke County Non-Profit organizations receive a 50% discount on hourly rental fees only. Discount does not apply to additional fees.
- **A Supervisor must be hired with any ALC Kitchen rental or any Recreation Center or ALC rental during off-hours.
- ***All commercial activities must be approved by CCPR. A person conducting any type of commercial activity in the park that does not require the use or rental of a facility must pay 15% of gross receipts to CCPR. Clarke County Non- Profits will be reviewed on a case-by-case basis.
- ****A holding fee is required for any multi-day Full Facility rental ending before the Recreation Center closes but still requires the building to be shut down and unusable by CCPR.

Registration Form

NOTE: All programs listed in this guide are held at Chet Hobert Park (225 Al Smith Circle, Berryville) unless otherwise noted.

HOW TO REGISTER

- Use the online registration system at https://clarke.recdesk.com, or
- Go to the Clarke County Recreation Center during normal business hours,
- Mail a registration form (below) with check or credit card information to: **CCPR Program** Registration, 225 Al Smith Circle, Berryville, VA 22611, or
- Call Parks & Recreation at (540) 955-5140 during normal business hours and have credit card information ready, or
- Fax registration form with credit card information to (540) 955-4049.

PRIMARY HOUSEHOLDER Last name: ____

FEES

Payment must accompany registration. CCPR charges a \$20 returned check fee.

REFUNDS

Refunds are given only for medical reasons and must be requested one week prior to class. A \$5 administrative fee is charged for all refunds. Class credit is issued for cancellations less than one week prior to class only for medical reasons. If Parks & Recreation cancels a program, a full refund will be processed.

CANCELLATIONS

Parks and Recreation reserves the right to cancel any program because of insufficient enrollment, so register early!

PROGRAM REGISTRATION BEGINS ON **UGUST 20 FOR CLARKE COUNTY RESIDENTS** UGUST 22 FOR NON-CLARKE COUNTY IDENTS AT HTTPS://CLARKE.RECDESK.COM

ACCOMMODATIONS

Clarke County Parks & Recreation is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on an individual's need. Contact CCPR prior to the program for assistance. If hearing impaired, call Virginia Relay Center at (800) 828-1140.

INCLEMENT WEATHER

Weather-related cancellations will be announced on local radio stations and/or on Facebook. Follow Clarke County Parks and Recreation on Facebook.



7ID Code.

First name: _

HOUSEHOLD REGISTRATION PLEASE PRINT:

Address:				S	tate: ZIP Code:	· · · · · · · · · · · · · · · · · · ·
Primary Phone:			S	econdary Phone:		
Email:				ircle one: Male Fer	nale Date of birth:	
SECONDARY HOUSE	HOLDER Last	name:			First name:	
Primary Phone:			S	econdary Phone:		
Email:			C	ircle one: Male Fer	nale Date of birth:	
Emergency contact p	person:				Phone:	
Participant (last, first)	Date of birth	Sex	Pr	rogram	Date	Fee:
Sample, John	3/28/92	М	Babysitt	ter Training	Nov. 12	\$85
If naving by credit card	circle one: Visa	MC Am	nev Discover		TOTAL \$	
If paying by credit card, circle one: Visa MC Amex Discover Exp.Date:CVV#Signature			Fee: Date	OFFICE USE ONLY (circle one) Cash / Check Received by:		