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- Arts & Crafts • Classes for Kids & Adults • Fitness & Wellness •
- Sports & Athletics • Trips & Tours • After School Child Care •
- Easter Egg Hunt • Spring Craft Show •

# Clarke County Parks & Recreation

## WINTER PROGRAM GUIDE

JANUARY THROUGH APRIL 2024

POSTAL PATRON

225 Al Smith Circle, Berryville VA 22611  
 540-955-5140 (Fax: 540-955-4049)  
 ccpr@clarkecounty.gov  
 www.clarkecounty.gov

PPSRT STD  
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**PAID**  
 Berryville VA  
 Permit No.  
 3084



# Clarke County Parks & Recreation

**Register online at**  
**<https://clarke.recdesk.com>**

*Registrations are also accepted by phone (540-955-5140) or in person at the Clarke County Recreation Center located at 225 Al Smith Circle in Berryville, Virginia.*

*Registration for all programs listed in this CCPR Winter 2024 Program Guide begins Dec. 11 for Clarke County residents and Dec. 13 for non-Clarke County residents unless noted otherwise by program.*

## CLARKE COUNTY YOUTH SPORTS ORGANIZATIONS

Youth sports organizations listed below use Chet Hobert Park facilities, but are not affiliated with Clarke County Parks & Recreation. Each is an independent organization with its own leadership responsible for administration of their groups. Contact information is provided as a courtesy; Clarke County Parks & Recreation cannot guarantee its accuracy.

### Clarke County Youth Basketball

Joe Braithwaite 540-539-8878  
Amy McCaw 703-431-0136  
P.O. Box 82 Berryville, VA 22611  
[www.clarkecountyouthbasketball.com](http://www.clarkecountyouthbasketball.com)

### Clarke County Little League

Kim Braithwaite  
P.O. Box 812, Berryville VA 22611  
[www.clarkecountylittleleague.com](http://www.clarkecountylittleleague.com)

### Clarke County Soccer League

Ray Steen  
[commissioner@clarkesoccer.org](mailto:commissioner@clarkesoccer.org)  
P.O. Box 720, Berryville VA 22611  
[www.clarkesoccer.org](http://www.clarkesoccer.org)

### Clarke County Youth Football & Cheerleading

[clarkecountyouthfootball@gmail.com](mailto:clarkecountyouthfootball@gmail.com)  
P.O. Box 967, Berryville VA 22611  
[www.clarkeyouthfootball.org](http://www.clarkeyouthfootball.org)

### Shenandoah Valley Youth Lacrosse

[CCYLacrosse@gmail.com](mailto:CCYLacrosse@gmail.com)  
<https://svyl.sportngin.com>

## CLARKE COUNTY PARKS & RECREATION STAFF

### Lisa Cooke

Director & Certified Park and Recreation Professional (CPRP)

### Tanya Myers

Administrative Services Manager

### Shannon Martin

Recreation Program Coordinator, CPRP

### Tracey Pitcock

Recreation Program Coordinator & Medical Exercise Specialist (MES)

### Melinda Seals

Childcare Specialist

### Tracy Wilson

Assistant Childcare Specialist

### Brandon Kovak

Recreation Manager & Facilities Superintendent

### Ann Boothe

Customer Service Specialist

## PARKS & RECREATION ADVISORY BOARD

Voting members of the Parks & Recreation Advisory Board plan for long-range recreation projects and programs. They represent Clarke County's five voting districts and one at-large member appointed by the Board of Supervisors as well as representatives from the public school system, Town of Berryville, and Town of Boyce. Meetings are at 6 p.m. on the second Wednesday of January, April, July, and October in the recreation center. Meetings are open to the public.

### The current Board is:

Matt Bass, Board of Supervisors representative

Tom Elliston

Mitch Hoff

Susan Merriman

Berkeley Reynolds

Emily Rhodes

Tracy Smith

Randy Trenary, Clarke County Public Schools representative

R. Eric Voelkel





## RECREATION CENTER GENERAL ADMISSION

Age	Fee
3 to 5	\$2.50
6 to 15	\$3
16 to 54	\$4
Seniors (55+)	\$2.50

## DISCOUNT PASSES (20 ADMISSIONS)

*Proof of Clarke County residency  
required for discount passes.*

Age	Fee
3 to 5	n/a
6 to 15	\$50
16 to 54	\$70
Seniors (55+)	\$30

## Facility Rentals

The Clarke County Recreation Center building and facilities in Chet Hobert Park are available for rent, including:

- athletic fields
- picnic shelters
- swimming pool (in season)
- tennis courts
- Recreation Center arts and crafts room
- Recreation Center gymnasium (full or half)
- Recreation Center multi-purpose room
- Recreation Center Active Living Center and/or Active Living Center kitchen

For more information about Chet Hobert Park facilities, the Clarke County Recreation Center, and to make rental requests, go to [clarke.recdesk.com](http://clarke.recdesk.com). Contact Parks & Recreation at (540) 955-5140 or [ccpr@clarkecounty.gov](mailto:ccpr@clarkecounty.gov).

### BIRTHDAY PARTY PACKAGES

Clarke County Recreation Center offers birthday party packages with many options to meet different budgets. Packages include room and/or gymnasium rental, decorations and gift bags, set up, and clean up. Relax and let Parks & Recreation do the work. Parties must be booked at least three weeks in advance and are based on room availability. Contact Clarke County Parks & Recreation at (540) 955-5140 or [ccpr@clarkecounty.gov](mailto:ccpr@clarkecounty.gov).

## Recreation Center

- The Clarke County Recreation Center in Chet Hobert Park includes a fitness room, gymnasium, an arts-and-crafts room with kitchen facilities, a multi-purpose room, and offices for park employees.
- Pets (except certified assistance animals) are not permitted in the building.
- Paying adults must accompany children under the age of 8.
- Contact Parks & Recreation at (540) 955-5140 or [ccpr@clarkecounty.gov](mailto:ccpr@clarkecounty.gov).

### Oct. 1 through May 31

Monday to Friday 9 a.m. to 9 p.m.  
Saturday 10 a.m. to 9 p.m.  
Sunday noon to 7 p.m.

### June 1 through Sept. 30

Monday to Friday 9 a.m. to 6 p.m.  
Saturday noon to 6 p.m.  
Sunday CLOSED

### Recreation Center ABBREVIATED HOURS

9 a.m. to 5 p.m. Tuesday, Oct. 31  
noon to 6 p.m. Friday, Nov. 24  
noon to 6 p.m. Tuesday, Dec. 26  
9 a.m. to 1 p.m. Sunday, Dec. 31

### Recreation Center CLOSED

Thursday, Nov. 23 (Thanksgiving)  
Sunday, Dec. 24 (Christmas Eve)  
Monday, Dec. 25 (Christmas Day)  
Monday, Jan. 1, 2024 (New Year's Day)  
Sunday, March 31 (Easter)

# Arts & Crafts

Registration for all programs listed in this CCPR Winter 2024 Program Guide begins on Dec. 11 for Clarke County residents and Dec. 13 for non-Clarke County residents unless otherwise noted. [Register at clarke.recdesk.com](http://clarke.recdesk.com).

## BEGINNER SEWING BOOTCAMP

Date:	Day:	Age:	Time:	Fee:
2/2-3/8	F	8+	6-7:30 p.m.	\$90

*Instructor: Jacquetta Owen*

This six week class covers four different projects. Participants need to bring the following supplies: a sewing machine, scissors, thread, seam ripper, hem gauge, pins, and fabric for pillowcase (3/4 yard for body and 1/3 yard for band), elastic waist pants (2 yards flannel or cotton for long pants or 1 1/2 yard for short pants), apron (1 yard of two different cottons or twill).

## INTERMEDIATE SEWING

Date:	Day:	Age:	Time:	Fee:
1/5-26	F	8+	6-7:30 p.m.	\$60

*Instructor: Jacquetta Owen*

This four-week class covers making a soup bowl cozy, a flannel or fleece wrap, and a quilt table runner that could be expanded to full-size quilt. Participants need to bring the following supplies: sewing machine, scissors, thread, seam ripper, hem gauge, pins, 1 1/2 yards of three different coordinating cottons, 2 yards of flannel, light weight fleece or wool to class.

## SEWING PLACEMATS & ROPE BASKETS

Date:	Day:	Age:	Time:	Fee:
3/15-22	F	12+	6-7:30 p.m.	\$30

### **Placemats**

3/29-4/5	F	12+	6-7:30 p.m.	\$30
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### **Rope Basket**

*Instructor: Jacquetta Owen*

**Placemat class:** Create a placemat that's so easy you'll be excited to create four. This quilt-as-you-go project means when the top is done, so is the quilting. To make 4 quilt-as-you-go placemats, participants need to bring the following supplies: 1/4 yard each of three Christmas fabrics, 1 yard of coordinating fabric for the back, 1 yard of cotton batting, coordinating thread, scissors, rotary cutter and mat, straight pins, and sewing machine. 2 classes

**Rope basket class:** Learn how to create a super-easy and versatile rope basket. Once you know how, you may want to

many of these custom storage bins for yourself or to give as gifts. To make one basket, each student will need 50 feet of cotton clothesline rope, 3 yards brightly colored fabric, coordinating thread, size 16 denim needle, pins, rotary cutter and mat, and a sewing machine. 2 classes

## STAMPIN' BINGO

Date:	Day:	Age:	Time:	Fee:
1/17	W	18+	6-8:30 p.m.	\$5*
3/6	W	18+	6-8:30 p.m.	\$5*

*Instructor: Judy Klock*

Stampin' Bingo class is a fun night of crafting and bingo. Participants will complete three projects and play three games of bingo for chances to win new "Stampin' Up!" products. Fee includes project kits, written tutorial, and prizes. Instructor provides adhesives, stamps, ink, and blocks. **NOTE:** Additional \$25 supply fee is payable to the instructor at class. Minimum 5 people are needed to fill this program. 1 class

## CARD KIT TOGETHER

Date:	Day:	Age:	Time:	Fee:
2/14	W	18+	6-8 p.m.	\$5*
4/17	W	18+	6-8 p.m.	\$5*

*Instructor: Judy Klock*

Spend time with others who share a love of creating in a relaxing, fun atmosphere. All-inclusive card kit contains everything you need to complete the project; kits may differ in content and theme. Each class is limited to 20 participants. **NOTE:** Additional \$25 supply fee is payable to the instructor at class. RSVP required one week prior to each class. 1 class

## EASY CARD MAKING

Date:	Day:	Age:	Time:	Fee:
2/7	W	18+	6-7:30 p.m.	\$5*
4/3	W	18+	6-7:30 p.m.	\$5*

*Instructor: Judy Klock*

Learn how to create beautiful handcrafted greeting cards using a variety of stamps, ink, and paper. Kit contains card stock, envelopes, and embellishments to create four cards, and refillable adhesive cartridge, and full-color tutorial to take home. Instructor provides stamps and inks. **NOTE:** Additional \$20 supply fee is payable to the instructor at class. 1 class

*Continued on next page.*

## PARENT & ME LITTLE ARTISTS

Date:	Day:	Age:	Time:	Fee:
1/6	SA	2-6	10:15-10:45 a.m.	\$5*

### **Process Art Painting**

1/13	SA	2-6	10:15-10:45 a.m.	\$5*
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### **Chihuly Inspired Sculptures**

2/3	SA	2-6	10:15-10:45 a.m.	\$5*
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### **Printmaking Roses**

3/2	SA	2-6	10:15-10:45 a.m.	\$5*
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### **Color Mixing with Primary Colors**

3/9	SA	2-6	10:15-10:45 a.m.	\$5*
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### **Paper Quilled Easter Egg**

4/27	SA	2-6	10:15-10:45 a.m.	\$5*
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### **Nature Inspired Clay Impressions**

*Instructor: Kristen Zaborowski*

Parent supervision is required for each participant. Participants are strongly encouraged to wear old clothes and/or an art smock to class. Participants will build fine motor skills and explore the process of art while making seasonal crafts. All projects made will be ready to go home after class. **NOTE:** Additional \$5 supply fee is payable to instructor at class. 1 class

**Process Art Painting:** Children will create a winter scene on a canvas, using cool colors, glitter, and winter sequins.

**Chihuly Inspired Sculptures:** Students will be introduced to glass sculpture artist Dale Chihuly. Using clear colored straws (to resemble glass) and Play-Doh, we will assemble our own 3D sculpture.

**Printmaking Roses:** Children will make rose prints from an unlikely source, using a celery stalk. This would make a wonderful Valentine's Day present.

**Color Mixing with Primary Colors:** Students will be introduced to the primary colors in the book *Mouse Paint*. We will then do our own color mixing and see what new colors we can make.

**Paper Quilled Easter Egg:** Children will have fun and build fine motor skills, too, by rolling paper strips into unique designs onto a paper egg.

**Nature Inspired Clay Impressions:** Students will be ready to celebrate Earth Day by making clay prints of a variety of leaves and flowers.

## MINI MIGHTY MAESTRO FOR MOMMY & ME

Date:	Day:	Age:	Time:	Fee:
1/10-31	W	18 mo.-3 yrs.	3:45-4:15 p.m.	\$88
2/7-28	W	18 mo.-3 yrs.	3:45-4:15 p.m.	\$88
3/6-27	W	18 mo.-3 yrs.	3:45-4:15 p.m.	\$88
4/3-24	W	18 mo.-3 yrs.	3:45-4:15 p.m.	\$88

*Instructor: Jeff Levin*

Mini Mighty Maestros teaches rudiments of music and movement by blending familiar and multicultural songs and using music that's

fun for mom and child. Percussion instruments are used to teach rhythm patterns that students will be able to apply to songs. Some song examples include "Can't Stop the Feeling," "How Far I'll Go," Mozart's 40th Symphony, and "Siyahamba." 4 classes

## MINI MIGHTY MAESTRO SCHOOL-AGE EDITION

Date:	Day:	Age:	Time:	Fee:
1/10-31	W	4-7	4:15-5 p.m.	\$98
2/7-28	W	4-7	4:15-5 p.m.	\$98
3/6-27	W	4-7	4:15-5 p.m.	\$98
4/3-24	W	4-7	4:15-5 p.m.	\$98

*Instructor: Jeff Levin*

Students will sing, dance, and perform instrumental accompaniments to traditional and modern children's songs. Critical listening skills are taught through exposure to classical and modern orchestral pieces, in which students will identify song form, instruments, dynamics, and articulation. Beginner-level music theory, including note and rhythm reading, are taught through a series of fun games and group activities. 4 classes

## BEGINNER UKULELE

Date:	Day:	Age:	Time:	Fee:
2/7-28	W	6-12	5-5:45 p.m.	\$98

*Instructor: Jeff Levin*

Ukulele is the new educational standard used by young students as a gateway to guitar and other stringed instruments. Using a variety of pop and folk songs, students will learn chords, finger-picking, and rhythm techniques that they may use to perform pieces or accompany themselves singing. 4 classes

## BEGINNER GUITAR

Date:	Day:	Age:	Time:	Fee:
3/6-27	W	10-18	5-5:45 p.m.	\$98

*Instructor: Jeff Levin*

This team-developed guitar curriculum focuses on the individual needs of each student. Techniques taught in this course will enable students to perform with rock bands, school bands, guitar ensembles, and compose original music. This course can accommodate all levels of guitar students as each student receives an individual education plan at the beginning of the session. 4 classes

## ROCK AND POP CHORUS

Date:	Day:	Age:	Time:	Fee:
1/10-31	W	12-18	5-5:45 p.m.	\$98
4/3-24	W	12-18	5-5:45 p.m.	\$98

*Instructor: Jeff Levin*

Students will perform a variety of pop and rock songs as an

*Continued on next page.*



ensemble using customized music arrangements created for the ability of each class and for individual singers within the class. Song examples include “Don’t Stop Believing,” “Golden Hour,” and “Flowers.” Students can pick from a list of song choices on the first day. A performance is planned for the final class. 4 classes

**PRIVATE MUSIC LESSONS**

Date: Day: Age: Time: Fee:  
1/2-4/30 SU-SA 4+ Rec Center hrs. \$92/appt.

Instructor: Jeff Levin

Would you like to learn to play the piano, guitar, bass, violin, or viola, or have voice lessons? Please designate what instrument you would like to learn when you register. After registering, an instructor will contact you to set up a mutually convenient lesson appointment. Each one-hour lesson is at the Clarke County Recreation Center. After the first lesson, contact smartin@clarkecounty.gov to register for additional lessons.

**SHENANDOAH PIECEMAKERS**

Date: Day: Age: Time: Fee:  
1/8 M 16+ 6:30-8:30 p.m. \$2.50  
2/12 M 16+ 6:30-8:30 p.m. \$2.50  
3/11 M 16+ 6:30-8:30 p.m. \$2.50  
4/8 M 16+ 6:30-8:30 p.m. \$2.50

Leader: Eileen Wall, Shenandoah\_Piecemakers@outlook.com

This quilting club – open to all skill levels – meets on the second Monday of each month for programs, presentations, and socializing. Club participates in community service projects, group challenges, additional workshops, and planned outings. **NOTE:** Shenandoah Piecemakers is one of four local quilt groups that host the Northern Shenandoah Valley Quilt Show; next show is April 12 through 14, 2024, at the Clark County Recreation Center.

**QUILTS OF VALOR**

Date: Day: Age: Time: Fee:  
1/9 TU 18+ 10 a.m.-3 p.m. \$2.50  
2/13 TU 18+ 10 a.m.-3 p.m. \$2.50  
3/12 TU 18+ 10 a.m.-3 p.m. \$2.50  
4/9 TU 18+ 10 a.m.-3 p.m. \$2.50

Leader: Diane Hearne

Quilts of Valor® group meets on the second Tuesday of each month to make quilt tops and quilts for area veterans and service members. Bring a sewing machine and patriotic, military-themed and/or cheerful fabric to honor veterans by sewing for them.

**EMBROIDERY GUILD**

Date: Day: Age: Time: Fee:  
1/4 TH 16+ 10 a.m.-3 p.m. \$2.50

2/1 TH 16+ 10 a.m.-3 p.m. \$2.50  
3/7 TH 16+ 10 a.m.-3 p.m. \$2.50  
4/4 TH 16+ 10 a.m.-3 p.m. \$2.50

Leader: Kathryn Bird

Guild meets on the first Thursday of each month and is open to all skill levels. Anyone who wants to brush up on skills or try a new technique is welcome to attend. Board meeting is 9:30 a.m. to 12:30 p.m.; guild meets from 12:30 to 3 p.m.

**GUILD OF FABRIC ARTISTS**

Date: Day: Age: Time: Fee:  
1/21 SU 18+ 2-4 p.m. \$2.50  
2/18 SU 18+ 2-4 p.m. \$2.50  
3/17 SU 18+ 2-4 p.m. \$2.50  
4/21 SU 18+ 2-4 p.m. \$2.50

Leader: Norma Frederickson

Guild meets on the third Sunday of each month to support the creation and exhibition of fabric art. Everyone is asked to show and talk about their work in progress and completed work.



Clarke County Parks & Recreation manages county-owned **Chet Hobert Park**, a 107-acre property west of Berryville. It is free and open to the public from dawn to dusk. Its Clarke County Recreation Center is open later and for special events.

# Fitness

Registration for all programs listed in this CCPR Winter 2024 Program Guide begins on Dec. 11 for Clarke County residents and Dec. 13 for non-Clarke County residents unless otherwise noted. [Register at clarke.recdesk.com](http://clarke.recdesk.com).

## PERSONAL TRAINING

Date:	Day:	Age:	Time:	Fee:
1/2-4/30	SU-SA	16+	Rec Center hrs.	\$40/appt.*

Individualized fitness training sessions help you attain your goals faster. After registering, a trainer will contact you to set up a mutually convenient appointment. Each one-on-one with a trainer is one hour at the Clarke County Recreation Center. **NOTE:** 10-appointment discount is \$350 and must be used by April 30, 2024.

## BALANCE & MOBILITY

Date:	Day:	Age:	Time:	Fee:
1/20-27	SA	50+	10:30-11:30 a.m.	\$20
2/10	SA	50+	10:30-11:30 a.m.	\$10
3/9-16	SA	50+	10:30-11:30 a.m.	\$20
4/27	SA	50+	10:30-11:30 a.m.	\$10

*Instructor: Joy Felegie*

Designed for older adults and those who want or need to improve their balance, strength, and mobility. Each class works on controlling center of gravity, increasing strength, gaining flexibility, improving endurance, exploring multi-sensory training and enhancing gait pattern.

## CHAIR YOGA (IN PERSON & ON ZOOM)

Date:	Day:	Age:	Time:	Fee:
1/8-29	M	16+	11:30 a.m.-12:30 p.m.	\$28
2/5-26	M	16+	11:30 a.m.-12:30 p.m.	\$28
3/4-25	M	16+	11:30 a.m.-12:30 p.m.	\$28
4/1-29	M	16+	11:30 a.m.-12:30 p.m.	\$35

*Instructor: Sue Miller*

Chair yoga is a gentle yoga done while safely and comfortably seated. Some poses require standing behind the chair while using the chair for stability. Improve posture, ease arthritis and general pain, reduce stress, improve flexibility, strength, balance, energy, and mental attitude. Class also includes meditation, breathing, stretching, and relaxation. Bring a mat and water. Students can attend in person or via Zoom. Instructor will send Zoom access prior to each class; provide a valid email address at registration.

**NOTE:** Class follows Clarke County Public School schedule for

inclement weather. Drop-in enrollment is \$9.50 if class meets minimum enrollment.

## ONLINE FITT FOREVER WITH STRENGTH & STRETCH

Date:	Day:	Age:	Time:	Fee:
1/2-30	T	55+	10-11 a.m.	\$35
1/4-25	TH	55+	10-11 a.m.	\$28
2/1-29	TH	55+	10-11 a.m.	\$35
2/6-27	T	55+	10-11 a.m.	\$28
3/5-26	T	55+	10-11 a.m.	\$28
3/7-28	TH	55+	10-11 a.m.	\$28
4/2-30	T	55+	10-11 a.m.	\$35
4/4-25	TH	55+	10-11 a.m.	\$28

*Instructor: Jane Johnston*

This online class focuses on strength training and stretching to give participants more energy, confidence, and satisfaction while exercising in the comfort of their homes. Requires a mat, 12-inch ball (kids' kickball) and light hand weights. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

## ONLINE FLUID MOTION

Date:	Day:	Age:	Time:	Fee:
1/3-31	W	55+	11 a.m.-12 p.m.	\$35
1/3-31	W	55+	6-7 p.m.	\$35
1/5-26	F	55+	10-11 a.m.	\$28
1/8-29	M	55+	11 a.m.-12 p.m.	\$28
2/2-23	F	55+	10-11 a.m.	\$28
2/5-26	M	55+	11 a.m.-12 p.m.	\$28
2/7-28	W	55+	11a.m.-12 p.m.	\$28
2/7-28	W	55+	6-7 p.m.	\$28
3/1-29	F	55+	10-11 a.m.	\$35
3/4-25	M	55+	11 a.m.-12 p.m.	\$28
3/6-27	W	55+	11 a.m.-12 p.m.	\$28
3/6-27	W	55+	6-7 p.m.	\$28
4/1-29	M	55+	11 a.m.-12 p.m.	\$35
4/3-24	W	55+	11 a.m.-12 p.m.	\$28
4/3-24	W	55+	6-7 p.m.	\$28
4/5-26	F	55+	10-11 a.m.	\$28

*Instructor: Jane Johnston*

Fluid Motion is Feldenkrais Method™ Awareness through Movement™ online class that is perfect for reclaiming vitality and movement loss due to aging, disease, and/or disuse. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

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## ONLINE TAI CHI GONG

Date:	Day:	Age:	Time:	Fee:
1/3-31	W	55+	12:15-1:15 p.m.	\$35
2/7-28	W	55+	12:15-1:15 p.m.	\$28
3/6-27	W	55+	12:15-1:15 p.m.	\$28
4/3-24	W	55+	12:15-1:15 p.m.	\$28

*Instructor: Jane Johnston*

This online class uses Tai Chi principles with an emphasis on improving balance, coordination, and relaxation. Participants will work on the Yang Family Tai Chi 10 Movement Form, "Tai Chi Gong," and learn the traditional form. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

## REV & FLOW

Date:	Day:	Age:	Time:	Fee:
1/2-30	TU	40+	9:30-10:30 a.m.	\$28
	(no 1/9)			
1/4-25	TH	40+	9:30-10:30 a.m.	\$28
1/8-29	M	40+	6-7 p.m.	\$28
2/1-29	TH	40+	9:30-10:30 a.m.	\$35
2/5-26	M	40+	6-7 p.m.	\$28
2/6-27	TU	40+	9:30-10:30 a.m.	\$21
	(no 2/13)			
3/4-25	M	40+	6-7 p.m.	\$28
3/5-26	TU	40+	9:30-10:30 a.m.	\$28
3/7-28	TH	40+	9:30-10:30 a.m.	\$28
4/1-29	M	40+	6-7 p.m.	\$35
4/2-30	TU	40+	9:30-10:30 a.m.	\$35
4/4-25	TH	40+	9:30-10:30 a.m.	\$21
	(no 4/11)			

*Instructor: Laura Nelson*

Rev & Flow is a low-impact, high-intensity fitness program for any size, shape, or age. It offers functional fitness concepts, mobility-enhancing techniques, and strength-training modalities to help you get stronger both mentally and physically. Bring water, a mat or towel, and light hand weights. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

## REFIT

Date:	Day:	Age:	Time:	Fee:
1/8-29	M	18+	9:30-10:30 a.m.	\$28
2/5-26	M	18+	9:30-10:30 a.m.	\$28
3/4-25	M	18+	9:30-10:30 a.m.	\$28
4/1-29	M	18+	9:30-10:30 a.m.	\$35

*Instructor: Laura Nelson*

REFIT® is a cardio-focused class that is effective and fun. It's perfect for beginners and challenging for fitness enthusiasts, meaning it's a workout designed for every body. No need to practice or prepare for these workouts; the simple movements are

easy to follow and will leave you sweating, smiling, and wanting more. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

## YOGA TONE

Date:	Day:	Age:	Time:	Fee:
1/2-30	TU	16+	6:30-7:30 p.m.	\$35
2/6-27	TU	16+	6:30-7:30 p.m.	\$28
3/5-26	TU	16+	6:30-7:30 p.m.	\$28
4/2-30	TU	16+	6:30-7:30 p.m.	\$35

*Instructor: Shirley Dunsmore*

This is a mixed-level combination yoga, toning, and strength training class. Modifications are presented for all fitness levels. Emphasis is on posture, breathing, and strength training exercises to tone the whole body. A yoga mat is recommended. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

## LOW-INTENSITY ZUMBA

Date:	Day:	Age:	Time:	Fee:
1/19-26	F	40+	10-11 a.m.	\$14
2/2-23	F	40+	10-11 a.m.	\$28
3/1-29	F	40+	10-11 a.m.	\$35
4/5-26	F	40+	10-11 a.m.	\$14
	(no 4/12, 4/19)			

*Instructor: Joan Samples*

Senior Zumba is all about having fun while getting into shape. It is a slower pace than classic Zumba, but still exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness party. Bring plenty of water and a towel. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

## AM TOTAL FITNESS

Date:	Day:	Age:	Time:	Fee:
1/3-31	W	16+	9-10 a.m.	\$35
1/8-29	M	16+	9-10 a.m.	\$28
2/5-26	M	16+	9-10 a.m.	\$21
	(no 2/19)			
2/7-28	W	16+	9-10 a.m.	\$28
3/4-25	M	16+	9-10 a.m.	\$28
3/6-20	W	16+	9-10 a.m.	\$21
4/1-29	M	16+	9-10 a.m.	\$35
4/3-24	W	16+	9-10 a.m.	\$21
	(no 4/10)			

*Instructor: Shannon Tipton*

*Location: Recreation Center parking lot*

Total Fitness is a variety fitness class for men and women that includes interval training and HIIT, using body weight, weights, and cardio exercises. Modifications for varying levels of fitness

*Continued on next page.*



are available. Bring a mat, hand weights (if you have them), and water. Every class is different. **NOTE:** Class follows Clarke County Public School schedule for inclement weather. Class is outside, so dress for the weather. Drop-in enrollment is \$9.50 if class meets minimum enrollment.

### HATHA YOGA

Date:	Day:	Age:	Time:	Fee:
1/4-25	TH	16+	6-7 p.m.	\$28
2/1-29	TH	16+	6-7 p.m.	\$35
3/7-28	TH	16+	6-7 p.m.	\$28
4/4-25	TH	16+	6-7 p.m.	\$21

(no 4/11)

*Instructor: Katie Steinmetz*

This gentle yoga class uses standing and sitting poses to

stretch the whole body, breath awareness to reduce stress, and relaxation to cleanse the mind. Bring a yoga mat. **NOTE:** Drop-in enrollment is \$9.50 if class meets minimum enrollment.

### PILATES WORKSHOPS

Date:	Day:	Age:	Time:	Fee:
1/4	TH	16+	7:15-8 p.m.	\$10
2/1	TH	16+	7:15-8 p.m.	\$10
3/7	TH	16+	7:15-8 p.m.	\$10
4/4	TH	16+	7:15-8 p.m.	\$10

*Instructor: Jillian Lee (Pilates-34.com)*

Strengthen your core, improve your endurance and flexibility, balance, and posture. Class focuses on the Joseph Pilates movement system that strengthens movement from your core muscles, cultivating a mind-body connection. Bring a mat. 1 class

## General Interest

Registration for all programs listed in this CCPR Winter 2024 Program Guide begins on Dec. 11 for Clarke County residents and Dec. 13 for non-Clarke County residents unless otherwise noted. **Register at [clarke.recdesk.com](http://clarke.recdesk.com).**

### INTRODUCTION TO BALLROOM DANCE

Date:	Day:	Age:	Time:	Fee:
1/2-2/6	T	16+	6-7 p.m.	\$78
2/13-3/19	T	16+	6-7 p.m.	\$78
3/26-4/30	T	16+	6-7 p.m.	\$78

*Instructor: Kareem Mohr*

Students are introduced to the most popular ballroom dances: Tango, Foxtrot, and Waltz. Instructor explains how these dances are built, including dance frame, basic patterns, and rhythms. This will help students' ability to build their dance skills. 6 classes

### INTRODUCTION TO LATIN DANCE

Date:	Day:	Age:	Time:	Fee:
1/4-2/1	Th	16+	6-7 p.m.	\$65
2/8-3/7	Th	16+	6-7 p.m.	\$65
3/14-4/18	Th	16+	6-7 p.m.	\$65

(no 4/11)

*Instructor: Kareem Mohr*

Students are introduced to the three most common Latin dances: Cha-cha, Rumba, and Swing. Instruction focuses on the elements that make these dances and the rhythms so much fun. 5 classes

### INTRODUCTION TO SALSA DANCING

Date:	Day:	Age:	Time:	Fee:
1/3-31	W	16+	6-7p.m.	\$65
2/7-3/6	W	16+	6-7 p.m.	\$65
3/13-4/10	W	16+	6-7 p.m.	\$65

*Instructor: Olena Kalynii*

This class focuses on basic patterns for salsa and some of the Latin hip styling that gives salsa its flair. Instruction includes the rhythm that makes salsa unique. 5 classes

### BLENDED LEARNING ASHI ADULT & PEDIATRIC CPR/1ST AID/AED

Date:	Day:	Age:	Time:	Fee:
3/27	W	13+	6-9 p.m.	\$85

*Instructor: Elizabeth Coberly*

This online and in-person course meets the most up-to-date ECC 2020 CPR/AED instructional requirements. Students learn care for cardiac and breathing emergencies as well as sudden illness and injuries. Everyone who successfully demonstrates the required skills is eligible for certification through the American Safety & Health Institute. Practice of CPR skills is strenuous and students should be prepared to be on the floor for practice and actively moving throughout the CPR/AED portion of the course.

**NOTE:** Registration deadline is March 17 in order for participants to complete the online coursework.

*Continued on next page.*

## BABYSITTER TRAINING

Date:	Day:	Age:	Time:	Fee:
1/27	SA	11-15	12-6 p.m.	\$85
3/16	SA	11-15	12-6 p.m.	\$85

*Instructor: Mary Veilleux*

This interactive course helps youth ages 11 to 15 learn to care for children and infants, be a good leaders and role models, and make good decisions and solve problems. Learn how to keep children and yourself safe, handle emergencies (injuries, illnesses, and household accidents), write resumes and interview for jobs, and much more. **NOTE:** Bring a packed lunch. 1 class

## INTRO TO ESSENTIAL OILS

Date:	Day:	Age:	Time:	Fee:
1/24	W	16+	6:30-8:30 p.m.	\$5
<b>Surviving winter</b>				
2/21	W	16+	6:30-8:30 p.m.	\$5
<b>Mood Management</b>				
3/20	W	16+	6:30-8:30 p.m.	\$5
<b>Oils for Kids</b>				
4/24	W	16+	6:30-8:30 p.m.	\$5
<b>Oils for Teens</b>				

*Instructor: Lorrie Roberts*

**Surviving winter:** Learn how many ways essential oils can be used to support your immune system, digestive system, respiratory system, and overall wellness throughout the winter months. Everyone receives samples to take home and makes their own diffuser necklace.

**Mood Management:** Learn how essential oils can have a dramatic and positive effect on your spirit and the spirit of those around you. Everyone receives samples to take home and make their own roller bottle blend.

**Essential Oils & Kids:** Learn how essential oils can help with the many challenges parents face with little ones around and offer tips and tricks to navigate through some of the more trying aspects of the day. Everyone receives samples to take home and make their own room spray. One person wins a bottle of Lavender oil.

**Essential Oils & Teens:** Learn how essential oils can be used by parents and their teens to support them through the day. Topics include focus, studying, sports, hormone changes, emotions, and more. Everyone receives samples to take home and make their own nasal inhaler with oils of their choice.

## REFUSE TO BE A VICTIM

Date:	Day:	Age:	Time:	Fee:
1/12	F	12+	6-7 p.m.	\$5
2/16	F	12+	6-7 p.m.	\$5
3/8	F	12+	6-7 p.m.	\$5

4/26 F 12+ 6-7 p.m. \$5

*Instructor: Darrell Curtis, Clarke County Sheriff's Deputy*

The single most important step toward ensuring your own safety is having a personal safety strategy in place before you need it. This class will explore various safety topics and strategies relevant to current concerns. Learn tips and techniques to be alert for dangerous situations and to avoid criminal confrontation.

**NOTE:** A parent must attend with any participant under age 16. This is not a firearms or self-defense class. 1 class

## POKÉMON CARD CLUB

Date:	Day:	Age:	Time:	Fee:
1/19	F	7+	6:30-8 p.m.	\$5
2/2	F	7+	6:30-8 p.m.	\$5
3/1	F	7+	6:30-8 p.m.	\$5
4/5	F	7+	6:30-8 p.m.	\$5

*Instructor: Mary Ivie*

Club needs at least 6 participants at each meeting; participants are encouraged to bring friends. All ages and skill levels welcome. Bring a 60-card deck and join the battle. No trading. **NOTE:** Children under 10 need parent or guardian supervision. 1 meeting

## HOME HEALTH 101

Date:	Day:	Age:	Time:	Fee:
1/29	M	18+	1-2 p.m.	FREE
1/29	M	18+	6-7 p.m.	FREE
2/26	M	18+	1-2 p.m.	FREE
3/25	M	18+	1-2 p.m.	FREE
3/25	M	18+	6-7 p.m.	FREE
4/29	M	18+	1-2 p.m.	FREE

*Instructor: Wendy Kline*

Do you have questions about safely aging in place for you or a loved one? Are you looking for resources to help with home health care but don't know what is available or where to look for help? Let the knowledgeable staff from Five Star Home Health Care offer resources and tips for aging in place. **NOTE:** Register for the date that works best for you. Register one week prior to the workshop.

## BE WELL GROUP HEALTH WORKSHOPS

Date:	Day:	Age:	Time:	Fee:
by appt.	by appt.	18+	by appt.	\$20 per person*

*Instructor: Christel Montgomery*

Christel Montgomery, a Be Well Certified Health and Life Coach, understands how easy it is to fall into taking care of everyone and everything. It's time to move yourself to the front of the line, and move your health, goals, and dreams to the front burner. Women and men can get unstuck, dream, and discover just how

*Continued on next page.*

healthy they can be — body, mind, and spirit. Give yourself this special gift of positive coaching, and let Christel guide you toward your health and wellness goals. **NOTE:** Three or more people need to register for a group session. Topics offered are Invitation to Wellness, Sugar Talk: Kick the Habit, Clarity & Mindset, Movement & Self Care, Balance & Habit Change, and Woman's Wellness Series.

**ONE-ON-ONE PERSONAL HEALTH COACH**

Date: Day: Age: Time: Fee:  
by appt. by appt. 21+ by appt. \$75/session  
\$225 4/phone sessions

**Winter Special:** \$60 for first session

*Instructor: Christel Montgomery*

One-on-one coaching with a Be Well Certified Health and Life Coach can help you begin a path to wellness. Sessions include initial consultation with a client action guide, follow-up notes, along with supporting client handouts and continued support from 1, 4, 6, or 12 one-hour weekly sessions. Fees vary based on number of sessions you choose. Call to schedule a free "Discovery Session" that can be in person or via phone. Session packages and special bonuses included. Go to [wixsite.com/coaching](http://wixsite.com/coaching).

**BE WELL COACHING COMPLIMENTARY DISCOVERY SESSION**

Date: Day: Age: Time: Fee:  
by appt. by appt. 21+ by appt. FREE

*Instructor: Christel Montgomery*

Have you ever wondered what it would be like to work with a health or life coach? This complimentary discovery session allows you to work with a Be Well Certified Health and Life Coach, who will help you uncover what has stopped you from having the health and life you want as well as discover which foods and lifestyle habits are bringing you down. This 60-minute private phone call is focused on you.

**PRIVATE GROUP ZINE TIME**

Date/Day: Age: Time: Fee:  
by appt. 18+ by appt. \$75/hr.\*

**Ladies Night Out**

By appt. 11-17 by appt. \$75/hr.\*

**Teens & Tweens**

*Instructor: Christel Montgomery*

Transform your thoughts into your story in a pocket-sized vision boards (a "zeen"). Bring magazines, scissors, stickers, photographs, rubber stamps -- whatever you like. Arrive ready to create. Choose your own theme as the instructor guides you through the discovery process. **NOTE:** Additional material fees

discussed with serious inquiries (e.g. basic materials, deluxe materials, length of sessions). Fees may be reduced if group supplies their own materials.

**WINTER COMFORT FOODS**

Date:	Day:	Age:	Time:	Fee
1/27	SA	16+	11 a.m.-1 p.m.	\$20
2/24	SA	16+	11 a.m.-1 p.m.	\$20
3/23	SA	16+	11 a.m.-1 p.m.	\$20

*Instructor: Dina Skillman*

Home cooking is the best! This participant-inspired class will guide you as you create enjoyable meals in a relaxed atmosphere. Participants will prepare, eat, and clean up after a complete, economical, healthy, and delicious meal. Dessert is included.

**MEAL PLANNING PROGRAM**

Date:	Day:	Age:	Time:	Fee:
2/20	TU	16+	11 a.m.-12 p.m.	FREE
3/20	W	16+	11:15 a.m.-12:15 p.m.	FREE

*Instructor: Hannah Copp*

Hannah Copp, family and consumer sciences associate extension agent with the Virginia Cooperative Extension, explains nutritional needs, healthy food choices, and how to plan meals for a week. During the one-hour program, participants will create a sample meal plan for one week for themselves and/or their families. Learn the essential skills of meal planning.

**OH NO! THE CLASS WAS CANCELED.**

The class you're looking at was canceled because not enough people registered. Programs have minimum enrollment requirements, so don't wait. Register now.

**Use Parks & Recreation's online registration system. Set up an account at [clarke.recdesk.com](http://clarke.recdesk.com).**

**WANT TO TEACH? LOOKING FOR A CAREER?**

Do you have a special talent to share with others? Parks & Recreation welcomes new ideas and new instructors.

Contact Parks & Recreation at (540) 955-5140 or [ccpr@clarkcounty.gov](mailto:ccpr@clarkcounty.gov) for more information.

If you are looking for a steady job in a great setting with fun people, employment opportunities with Parks & Recreation and an employment application can be found under "Employment" on the Clarke County government website – [clarkecounty.gov](http://clarkecounty.gov).



# Licensed Child Care

## AFTER SCHOOL WITH THE PARK • 2023-24 SCHOOL YEAR

Date:	Day:	Age:	Time:	Fee:
January	M-F	K-5	3-6 p.m.	\$285*
February	M-F	K-5	3-6 p.m.	\$285*
March	M-F	K-5	3-6 p.m.	\$270*
April	M-F	K-5	3-6 p.m.	\$240*
May	M-F	K-5	3-6 p.m.	\$300*
June	M-F	K-5	3-6 p.m.	\$75*

Registration began Tuesday, July 11, 2023.

\*Program fee is paid monthly.

The After School Program is a State Licensed Program located at D.G. Cooley Elementary School Upper Campus (34 Westwood Rd., Berryville). Program operates daily on regular school days. Transportation is provided by Clarke County Public Schools for children who attend D.G. Cooley Lower Campus and Boyce Elementary. The program follows the public school schedule and is subject to change. Registration packets are available at the Clarke County Recreation Center in Chet Hobert Park. **NOTE:** First month tuition plus \$25 non-refundable registration fee is due upon registration. Registration fee is not required for children enrolled in 2023-24 school year Full-Day Child Care Program.

## FULL DAY CHILD CARE PROGRAM • 2023-24 SCHOOL YEAR

Date:	Day:	Age:	Time:	Fee:
1/2	T	K-5	7:30 a.m.-6 p.m.	\$27*
<b>registration-payment due: 12/15</b>				
1/16	T	K-5	7:30 a.m.-6 p.m.	\$27*
<b>payment due: 12/15</b>				
2/9	F	K-5	7:30 a.m.-6 p.m.	\$27*
<b>payment due: 1/15</b>				
3/1	F	K-5	7:30 a.m.-6 p.m.	\$27*
<b>payment due: 2/15</b>				
3/22	F	K-5	7:30 a.m.-6 p.m.	\$27*
<b>payment due: 2/15</b>				
4/19	F	K-5	7:30 a.m.-6 p.m.	\$27*
<b>payment due: 3/15</b>				
5/2	TH	K-5	7:30 a.m.-6 p.m.	\$27*
<b>payment due: 4/15</b>				

Registration began Tuesday, July 11, 2023.

\*Program fee is paid monthly.

The Full-Day Program – on days when school is not in session – is a State-Licensed program located at DG Cooley Elementary School Upper Campus (34 Westwood Rd., Berryville). Participants are kept busy with arts and craft projects as well as a variety of recreational activities. Children must bring a non-

perishable lunch, refillable water bottle, and wear athletic shoes. Morning and afternoon snacks are provided. This program follows Clarke County Public School schedule and is subject to change. Registration packets are available at the front desk of the Clarke County Recreation Center in Chet Hobert Park. Find inclement weather delays or closing information on the Clarke County Parks & Recreation Facebook page or Clarke County government website. **NOTE:** A \$25 non-refundable registration fee is due upon registration along with any full days the first month you need care. Registration fee is not required for children enrolled in 2023-24 school year After-School Child Care Program. This program must meet minimum enrollment requirements or it will be canceled two weeks in advance of the program date. Program is subject to change based on staffing availability.

## AFTER-SCHOOL & FULL-DAY CHILD CARE REGISTRATION

**REGISTRATION:** Walk-in registration at the Clarke County Recreation Center is required for After-School and Full-Day child care. Prior to walk in registration, each family must create an account using the online system at <https://clarke.recdesk.com/Community/Home>. Registration packets are available at the front desk of the Clarke County Recreation Center.

**AFTER-SCHOOL PROGRAM:** The first month tuition plus \$25 non-refundable registration fee is due at time of registration. Registration fee is not required for the After-School program for children enrolled in Full-Day Child Care Program in the 2023-24 school year.

**FULL-DAY CHILD CARE:** A \$25 non-refundable registration fee is due at time of registration along with any full days the first month you need care. Registration fee is not required for the Full-Day program for children enrolled in After-School Child Care Program in the 2023-24 school year.

**AT TIME OF REGISTRATION,** the parent or guardian must bring:

1. Completed registration packet/forms
2. Child's original birth certificate for CCPR staff to view and record (first-time participant)
3. Copy of child's immunization records (first-time participant)
4. Copy of child's school physical examination (first-time participant)

Allow two weekdays for registration to be processed. Child Care Programs follow the Clarke County Public School schedule and are subject to change.

# Special Events

## LASER TAG PARTY

Date:	Day:	Age:	Time:	Fee:
1/12	F	all	6-8 p.m.	\$10/person
4/26	F	all	6-8 p.m.	\$10/person

A game coach will be on site to set up a playing field, give instructions, and supply equipment, including state-of-the-art laser taggers. Up to 20 can play at once with real-time scoring. Players will rotate through, playing mission-based games such as Capture the Flag, King of the Hill, Grab for Gold, and more. Fog machines and strobe lights may be utilized.

## “BARBIE” MOVIE NIGHT

Date:	Day:	Age:	Time:	Fee:
2/9	F	All	6-8 p.m.	\$5

Everyone is encouraged to dress in pink, and bring their favorite Barbies to see this 2023 blockbuster movie. Bring comfortable pillows, blankets, or chairs as well as snacks, too. No glass containers. **NOTE:** Children age 2 and under are admitted free.

## LEPRECHAUN SCAVENGER HUNT

Date:	Day:	Age:	Time:	Fee:
3/11-22	SU-SA	All	daytime	\$3

Leprechauns invaded Chet Hobert Park to hide shamrocks, pots of gold, and rainbows everywhere. To help find all the hidden items, register for a list of clues. Then, while visiting the park, see how many items you can locate and document on the form.

**NOTE:** Return form by March 22 to enter a drawing for prizes.

## FLASHLIGHT EGG HUNT

Date:	Day:	Age:	Time:	Fee:
3/29	F	8-10	8:30 p.m.	\$4
3/29	F	11-13	8:45 p.m.	\$4

Bring a flashlight and basket to hold all the eggs you will find.

**NOTE:** In the event of rain, event moves inside at the Clarke County Recreation Center.

## EGG HUNT WITH THE EASTER BUNNY

Date:	Day:	Age:	Time:	Fee:
3/30	SA	1-2	11 a.m.	\$4
3/30	SA	3-4	11:20 a.m.	\$4
3/30	SA	5-7	11:40 a.m.	\$4

Bring a basket to hold all the eggs you will find. Have your camera ready for when the Easter Bunny hops in. **NOTE:** In the event of rain, event moves inside at the Clarke County Recreation Center.

## PARK CLEANUP FOR EARTH DAY

Date:	Day:	Age:	Time:	Fee:
4/22	M	All	4-6 p.m.	Free

Volunteer your helping spirit to lend a hand with cleanup projects around the park. Bring gloves and a rake or pitchfork. Meet at the stage in Chet Hobert Park. Till, mulch, pull weeds, and pick up debris at the playgrounds. This is a great opportunity for community service and/or volunteer hours.

## NERF™ BATTLE

Date:	Day:	Age:	Time:	Fee:
12/15	F	5+	7-8:30 p.m.	\$8
1/19	F	5+	7-8:30 p.m.	\$8
2/9	F	5+	7-8:30 p.m.	\$8
2/23	F	5+	7-8:30 p.m.	\$8
3/8	F	5+	7-8:30 p.m.	\$8
3/22	F	5+	7-8:30 p.m.	\$8

*Location: Clarke County Recreation Center*

Get your blasters ready for Friday night Nerf™ Battles!

Participants form two teams and play different games, including Team Battle, Zombies, and Elimination. Safety goggles are required and provided for children who need them. Bring a Nerf™ Blaster or rent one for an additional \$3. All Blasters must use the standard Nerf™ dart and will be checked and approved by staff prior to Battle. Dart ammo is provided by Parks and Recreation. Children ages 8 and under must be accompanied by adults.



## SPRING CRAFT SHOW

**9 a.m. to 4 p.m. Saturday, April 20**

Admission is FREE to see all the arts and craft, jewelry and baked goods, body and hair care products, and more that fill Chet Hobert Park and the Clarke County Recreation Center building during the Spring Craft Show. **NOTE:** Only Clarke County Parks & Recreation can accept payment from vendors. To be a vendor, contact Administrative Services Coordinator Tanya Myers at (540) 955-5147 or [tmyers@clarkecounty.gov](mailto:tmyers@clarkecounty.gov).

# Sports & Athletics

Registration for all programs listed in this CCPR Winter 2024 Program Guide begins on Dec. 11 for Clarke County residents and Dec. 13 for non-Clarke County residents unless otherwise noted. [Register at clarke.recdesk.com](http://clarke.recdesk.com).

## OPEN ADULT PICKLEBALL

Open Adult Pickleball aims to connect area players during the week for some pickup games. General admission fees apply. See monthly gym schedule for dates and times.

## OPEN ADULT CO-ED VOLLEYBALL

Date:	Day:	Age:	Time:	Fee:
12/12	T	16+	6-8:30 p.m.	\$3
12/19	T	16+	6-8:30 p.m.	\$3
1/2	T	16+	6-8:30 p.m.	\$3
1/9	T	16+	6-8:30 p.m.	\$3

This open volleyball program aims to promote play and build back up to league play, giving free agents and former teams time to regroup. Schedule is subject to change. Fee is \$3 per person with advanced registration until 12 p.m. on game day; drop-in fee is \$5 per person. All participants are required to create a household in [clarke.recdesk.com](http://clarke.recdesk.com). **NOTE:** Programs not meeting minimum participation requirements will be canceled, and no drop-ins are permitted if program is at maximum participation.

## RECREATIONAL CO-ED VOLLEYBALL LEAGUE

Date:	Day:	Age:	Time:	Fee:
1/16-4/23*	T	16+	6:30-8:45 p.m.	\$30 per person

### "B" League

1/16-4/23*	T	16+	6:30-8:45 p.m.	\$30 per person
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### "C" League

1/16-4/23*	T	16+	6:30-8:45 p.m.	\$30 per person
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### Free Agent

Registration deadline is Jan. 12, 2024.

All participants are required to create a household in [clarke.recdesk.com](http://clarke.recdesk.com), then select a team, league, or free agent. Season end date depends on number of teams and inclement weather make-up games. Practice begins Jan. 16, games begin Jan. 23. **"B" league** is for teams that previously had difficulty at the "A" level or did well at the "B" level last year. Players do not make frequent playing violations and know the rules.

**"C" league** is a recreational division for teams that want to play and have a good time by doing their best and getting some exercise.

**Free Agent sign up** is for players not already on a team. Free Agents note their playing level when they register, and teams that need players can recruit unassigned free agents.

## YOUTH OPEN SOCCER

Date:	Day:	Age:	Time:	Fee:
4/5-5/24	F	6-18	1-3 p.m.	\$8
4/5-5/24	F	4-6	1-3 p.m.	\$8

Instructor: Sara Callett

Participants warm up with conditioning and stretching, then each group receives instruction in basic soccer skills: kicking, dribbling, and passing the ball. Scrimmages are set up according to age. Athletic shoes are required, cleats are recommended. Each participant should wear shin guards and bring soccer ball and water bottle. Younger age group may be a little shorter program time with longer rest breaks. **NOTE:** Parents are required to help with program to keep the cost low and provide additional supervision.

*The gymnastic programs listed below are offered by Tidal Wave Athletics through Clarke County Parks & Recreation. Gymnastics are a great foundation for all sports. Participants will learn balance, strength, coordination, and basic gymnastics skills in a safe, fun environment. Classes are held at D.G. Cooley Upper Campus gymnasium on Westwood Road in Berryville. Classes are subject to change or merge.*

## LITTLE SPLASHERS-GYMNASTICS

Date:	Day:	Age:	Time:	Fee:
1/4-25	TH	3-5 1/2	5-5:45 p.m.	\$48
2/1-22	TH	3-5 1/2	5-5:45 p.m.	\$48
2/29-3/21	TH	3-5 1/2	5-5:45 p.m.	\$48
3/28-4/25	TH	3-5 1/2	5-5:45 p.m.	\$48

(no 4/4)

1/4-25	TH	3-5 1/2	6-6:45 p.m.	\$48
2/1-22	TH	3-5 1/2	6-6:45 p.m.	\$48
2/29-3/21	TH	3-5 1/2	6-6:45 p.m.	\$48
3/28-4/25	TH	3-5 1/2	6-6:45 p.m.	\$48

(no 4/4)

## COMBO PUDDLE JUMPERS & WAVE RIDERS-GYMNASTICS

Date:	Day:	Age I:	Age II:	Time:	Fee:
1/4-25	TH	5-7	8-15	5-6 p.m.	\$60

*Continued on next page.*



2/1-22	TH	5-7	8-15	5-6 p.m.	\$60
2/29-3/21	TH	5-7	8-15	5-6 p.m.	\$60
3/28-4/25	TH	5-7	8-15	5-6 p.m.	\$60
	(no 4/4)				
1/4-25	TH	5-7	8-15	6-7 p.m.	\$60
2/1-22	TH	5-7	8-15	6-7 p.m.	\$60
2/29-3/21	TH	5-7	8-15	6-7 p.m.	\$60
3/28-4/25	TH	5-7	8-15	6-7 p.m.	\$60
	(no 4/4)				

**INTERMEDIATE GYMNASTICS • BY INVITATION ONLY!**

Date:	Day:	Age I:	Age II:	Time:	Fee:
1/4-25	TH	5.5-7	8-15	5-6:30 p.m.	\$70
2/1-22	TH	5.5-7	8-15	5-6:30 p.m.	\$70
2/29-3/21	TH	5.5-7	8-15	5-6:30 p.m.	\$70
3/28-4/25	TH	5.5-7	8-15	5-6:30 p.m.	\$70
	(no 4/4)				

**FENCING BASICS 101**

Date:	Day:	Age:	Time:	Fee:
2/2-4/26	F	9+	6:30-7:45 p.m.	\$240*
	(no 3/29)			

*Instructor: David Copeland*

*Location: Boyce Elementary School gymnasium*

*\*An additional \$35 glove purchase and RTF fee is payable to the instructor.*

This 12-week course covers the history of the sword as it relates to fencing, dueling, and the beginning of the sport. Students will learn about three types of weapons (foil, epee, and saber), how each one is used, and the rules of the sport. From the first lesson and throughout the class, beginners will also develop a basic understanding of proper footwork, blade work, form, and function. Students will have the opportunity to fence using the same style of electronic equipment used in the modern Olympic Games. [www.fencing4u.com](http://www.fencing4u.com)



*is payable to the instructor.*

This 12-week class focuses on tactical strategies of foil, a greater understanding of the rules, and requires greater physical strength and endurance. Students will learn foil blade work, footwork, acquire a good understanding of proper movement, understand reffing, and open bouting on electronic scoring equipment. Students will spend equal time observing, refereeing, fencing, and in physical training. **NOTE:** Fencing Basic 101 is a prerequisite for Mixed Foil 102.

**MIXED FOIL 202**

Date:	Day:	Age:	Time:	Fee:
1/5-3/22	F	9& Up	7:30-9:30 p.m.	\$265*
4/5-6/28	F	9& Up	7:30-9:30 p.m.	\$265*
	(no 5/24)			

*Instructor: David Copeland*

*Location: Boyce Elementary School gymnasium*

*\*An additional \$35 glove purchase and RTF fee is payable to the instructor.*

Students must have acquired all of their own fencing gear for this 12-week class. Fencers will spend equal time observing, refereeing, fencing, and in physical training. **NOTE:** Fencing Basic 101 and Mixed Foil 102 are prerequisites for Mixed Foil 202.

**INTRODUCTION TO ARCHERY**

Date:	Day:	Age:	Time:	Fee:
3/27-5/8	W	9-19	6-7 p.m.	\$36

*Instructors: Chad and Kathy Morris*

*Location: Clarke County Cooperative Extension Office on Westwood Road*

Clarke County Parks & Recreation partners with Virginia Cooperative Extension and its 4-H Shooting Sports & Outdoor Adventurers Club to offer archery classes. Participants learn fundamentals, range safety, and target shooting. All equipment is provided. **NOTE:** Location is subject to change. 6 classes

**ARCHERY I**

Date:	Day:	Age:	Time:	Fee:
3/27-5/8	W	9-19	6:30-7:30 p.m.	\$36
	(no 4/3)			

*Instructors: Chad and Kathy Morris*

*Location: Clarke County Cooperative Extension Office on Westwood Road in Berryville*

Clarke County Parks & Recreation partners with Virginia Cooperative Extension and its 4-H Shooting Sports & Outdoor Adventurers Club to offer archery classes. Participants who took "Intro to Archery" continue to learn archery fundamentals, range safety, and target shooting with more time to practice. All equipment is provided. 6 classes

# Tiny to Teen

Registration for all programs listed in this CCPR Winter 2024 Program Guide begins on Dec. 11 for Clarke County residents and Dec. 13 for non-Clarke County residents unless otherwise noted. [Register at clarke.recdesk.com](http://clarke.recdesk.com).

## WEE GYM

Wee gym is a non-structured indoor playtime for children ages 5 and younger, who can meet new friends, socialize, and play with age-appropriate toys and sports equipment. All children must be supervised by a parent or guardian. Wee Gym is open 9 a.m. to noon on Tuesdays and Thursdays in January and February. Admission is \$3 for one adult and one child, and \$1 for each additional child in a family.

## AFTER-SCHOOL TUTORING

Date:	Day:	Age:	Time:	Fee:
by appt.	by appt.	5-15	by appt.	\$35/45 minutes
by appt.	by appt.	5-15	by appt.	\$45/60 minutes

*Instructor: Allyson Allison*

Individual tutoring for students in kindergarten through 8th grade is the extra help your student needs to succeed in school. Each session helps the student excel in many subjects including writing, grammar, phonics, spelling, math, science, and history. Each student will be assessed and given exercises to help them progress. Instructor will assist with homework if needed. Organization and test-taking skills are also incorporated. **NOTE:** \$35 per each 45-minute session; \$45 per each 60-minute session.

## CREATIVE ART AND DANCE TIME

Date:	Day:	Age:	Time:	Fee:
1/17-31	W	4-8	4-4:45 p.m.	\$28
2/7-21	W	4-8	4-4:45 p.m.	\$28
2/28-3/13	W	4-8	4-4:45 p.m.	\$28
3/20-4/10	W	4-8	4-4:45 p.m.	\$28

(no 4/3)

*Instructor: Allyson Allison*

Does your student like to draw and create things? Or, does your student enjoy learning through dance movement? Then join us for some art and dance time. Bring ballet and tap shoes for some creative dance and weekly craft projects for preschool through elementary ages. 3 classes **SPRING DANCE RECITAL:** Participants will demonstrate the skills and techniques they learned in a Spring Dance Recital during the last class on April 10; includes refreshments for dancers and their families.

## WINTER PLAY DAYS

Date:	Day:	Age:	Time:	Fee:
1/24	W	4-8	5-5:45 p.m.	\$10
2/14	W	4-8	5-5:45 p.m.	\$10

*Instructor: Allyson Allison*

Come play, bring your friends (including the stuffed variety), and make some new friends. Enjoy songs, stories, games, dancing, winter activities, and a special Valentine's Day craft. 1 class

## JAZZ & HIP HOP 1-DAY DANCE WORKSHOPS

Date:	Day:	Age:	Time:	Fee:
3/27	W	7-11	4:45-6:15 p.m.	\$12
4/10	W	7-11	4:45-6:15 p.m.	\$12

*Instructor: Allyson Allison*

Jazz and hip-hop are truly American dance styles. Originating from swing dance, jazz is upbeat and exciting, while hip-hop is heavy and low to the ground. Students will explore dynamic, energized movement to exciting music. Technique and safety will be important in the learning process. 1 class

## MAKE A GOURD BIRDHOUSE

Date:	Day:	Age:	Time:	Fee:
3/19	T	7+	5:30-7 p.m.	\$10
4/2	T	7+	5:30-7 p.m.	\$10

*Instructor Ann Hirschy*

Using classic Martin gourds, the instructor will demonstrate drilling optimal hole size and placement for bird species in the local area. Students will have options for decorating with markers, stickers, and more. Participants can start work at park and finish at home. Students will have many options for decorating. **NOTE:** \$15 supply fee payable to the instructor on the day of class. Watch for more crafting with gourds and advanced technique classes led by Virginia Lovers Gourd Society (VLGS) instructors.

## PATHFINDERS FOR AFTER-SCHOOLERS

Date:	Day:	Age:	Time:	Fee:
3/13-27	W	7-11	4:30-5:30 p.m.	\$27
4/10-24	W	7-11	4:30-5:30 p.m.	\$27

*Instructor: Kathy Budnie*

Location: Clarke County Recreation Center & Chet Hobert Park After a day in school, let's go outside to hike, explore, and learn how nature is waking up from winter and coming alive to spring. Program is rain or shine, so wear appropriate clothing, coats,

*Continued on next page.*

and shoes for the weather. **NOTE:** Watch for summer camps, programs, and “Pathfinders on the Go” to explore the natural world at different sites in Clarke County.

### WILDERNESS CLUB FOR KIDS

Date:	Day:	Age:	Time:	Fee:
3/13-5/29	W	4-11	4:30-6:30 p.m.	\$360

*Instructor: Ben Drenning*

*Location: Wilderness Club in Bluemont, Va.*

The Wilderness Club is an after-school program that invites

children to awaken and explore their connection with the natural world. One day a week, amid the rich woods and creeks of the Blue Ridge Mountains, participants will discover and learn, challenge themselves, train their senses and their awareness, experience community, and learn to care for themselves and others. Instructor Ben Drenning has extensive experience working outdoors with children of all abilities and is a certified Montessori teacher. 10 classes. **NOTE:** Register only if you can commit to all six weeks. Contact Parks & Recreation to work out a payment plan. A limited number of partial scholarships may be available.

## Trips & Tours



### SNOW RIDERS: HARPERS FERRY SNOW TUBING CLARKE COUNTY DAYS

*Location: River Riders Family Adventure Resort  
408 Alstadts Hill Rd., Harpers Ferry, W.Va.*

Clarke County Parks & Recreation is teaming up with Snow Riders to offer fun for you, your family, and friends. Snow Riders tubing hill is at River Riders resort in historic Harpers Ferry, where Maryland, Virginia, and West Virginia meet. With 12 different tubing lanes, people of all ages can enjoy a remarkable winter activity. The snow-tubing hill is almost three football fields long, making it the longest tubing slope on the East Coast. The modern “magic carpet” conveyor lift quickly takes riders and their tubes back to the top of the hill, so they can tube down again. **NOTE:** Children must be at least 36 inches tall. Children less than 42-inches tall must go tandem with an adult. **Reserve a date and time using this link** – <https://fareharbor.com/embeds/book/harpersferrysnowtubing/items/422505/calendar/2024/01/?flow=854436&full-items=yes> – **or contact Clarke County Parks & Recreation at [ccpr@clarkecounty.gov](mailto:ccpr@clarkecounty.gov).**

### ADVENTURES IN NATURE: PRIVATE GROUP PROGRAM

Date:	Day:	Age:	Time:	Fee:
by appt.	by appt.	3+	TBD	\$120 basic group fee for 90-minutes up to 8 people

*Instructor: Kathy Budnie*

Discover nature with friends and family and enjoy the fresh air. Groups up to nine people work directly with naturalist Kathy Budnie to make specific program arrangements. Possibilities include creek, river, and pond studies, field insect searches, hikes, walks to study flowers, trees, birds, wildlife, ecology, or anything that interests the group or fits a student’s school curriculum.

**NOTE:** Entrance fees are not included; planning and travel fees additional. Adult supervision of children is required. Ask about price for longer programs or for groups of 9 or more.

### EARTH DAY WILDFLOWER WALK

Date:	Day:	Age:	Time:	Fee:
4/20	SA	18+	10 a.m.-12 p.m.	\$12

*Instructor: Kathy Budnie*

*Location: C&O Canal location TBD*

Discover unique and beautiful spring wildflowers during this leisurely 2-mile stroll along the C&O Canal. Learn about the plants that are part of legends, beliefs, and folk medicine. Dress for the weather and wear sturdy shoes. Bring a lunch. Driving directions to the meeting place are provided upon registration.

*Trust your travel to Collette, group experts for nearly 100 years. Its knowledgeable team guides you every step of the way. (See trip details on next page.) For more information about group travel, contact Recreation Program Coordinator Tracey Pitcock at (540) 955-5149 or [tpitcock@clarkecounty.gov](mailto:tpitcock@clarkecounty.gov).*

*Continued on next page.*



## SPOTLIGHT ON SOUTH DAKOTA (COLLETTE TOUR)

June 21 to 27, 2024

Discover the spirit of the American West during a seven-day trip and come to know the legends of the past. Discover the stories of the Lakota and Sioux through a Native American chronicler at an Oglala Lakota Living History Village. See Crazy Horse Memorial, the world's largest mountain sculpture still in progress. Visit iconic Mt. Rushmore. Journey through the natural beauty of Badlands National Park and stop to browse at Wall Drug. Explore historic Deadwood, the former home of Wild Bill Hickok and Calamity Jane. Choose how you delve into the local history, with a tour of the Adams Museum in Deadwood or at the exhibit Tatanka: Story of the Bison. Travel the backcountry of Custer State Park on a Jeep safari. Marvel at Devils Tower, the country's first national monument. Rapid City is your gateway into wild landscapes and historical landmarks. **NOTE:** Group pricing and alternate dates are available.

## CANADIAN ROCKIES & GLACIER NATIONAL PARK (COLLETTE TOUR)

Sept. 13 to 19, 2024

See ice fields, rushing waterfalls, glacial peaks, and towering summits during a seven-day trip in the Canadian Rockies and Glacier National Park. Visit Head-Smashed-In Buffalo Jump, a UNESCO World Heritage site and one of the world's oldest, best-preserved buffalo jumps. Ride an open-air touring Jammer in Glacier National Park. Journey along the unforgettable Ice fields Parkway. Stop at Athabasca Glacier and choose to ride across this mass of glacier ice or take a walk on the glass-bottom

## VIRTUAL TRIPS & TOURS MEETING DEC. 13

A virtual online Trips & Tours meeting from noon to 7 p.m. on Wednesday, Dec. 13, is an open discussion about hikes, day- and multi-day trips, cruises, and more. Where would you like to go? Send your email address for the meeting access code.

Stay informed. Get on the "Trips and Tours" mailing list by contacting Recreation Program Coordinator Tracey Pitcock at (540) 955-5149 or [tpitcock@clarkecounty.gov](mailto:tpitcock@clarkecounty.gov).

platform at the Columbia Ice field Skywalk. Explore Bow Falls and Surprise Corner. Visit the incomparable Lake Louise. This adventure brings together the expanse of the prairies, the majesty of the Canadian Rockies, and Montana's Glacier National Park.

**NOTE:** Group pricing and alternate dates are available.

## SPOTLIGHT ON NORTHERN ITALY (COLLETTE TOUR)

Oct. 17 to 25, 2024

Unpack once during this nine-day trip and take in the vineyards, villas, peaks, and prosecco of Veneto. Settle into a suburban villa nearby Treviso, the historic mainland outpost for the island-city of Venice. Savor the Venetian inspiration on terra firma (solid ground), so you have the flexibility to explore on land and by water, with time to dive into Venice, Verona, and the Dolomites. Take in the artist haven of Asolo and get a taste of Italy's Prosecco region. Immerse yourself in local culture at an historic villa near Bassano del Grappa, retracing the history of a noble family of Venice. **NOTE:** Group pricing and alternate dates are available.

If you and your family play in the park, or if you simply enjoy walking its 2-mile trail, thank Chet Hobert, who was the moving force behind today's Clarke County Parks & Recreation organization. Born in 1903, **Chester A. "Chet" Hobert** worked as a traveling salesman in the Shenandoah Valley in the 1920s. In 1946, he purchased Coiner's Department Store in Berryville, the same year he organized the Clarke County Recreation Council, serving as its president for 35 years. In the early 1970s, he helped persuade the Board of Supervisors to purchase land for a park. He then led a fundraising efforts for it, too. Mr. Hobert retired at age 93 and died in 2004, three months shy of reaching 101. *Photo of Chet Hobert with county Supervisors was published July 26, 1973.*



### THE RECREATIONAL PARK

C. A. Hobert, chairman of the Clarke County Recreation Council, right, explains future plans for the recreation park to members of the Clarke County Board of Supervisors, John D. Hardesty, Robert H. Hummer, Dr. Raleigh H. Watson, P. T. McIntire and Eustace B. Jackson. In the background is the baseball diamond which is under construction. The park is located west of Berryville across from the Ruritan grounds. Photo by Rhoden

# Facility Rental Fees

FACILITY:	NON-CLARKE RESIDENTS	CLARKE COUNTY RESIDENTS	ADDITIONAL FEES	COMMERCIAL ACTIVITIES
<b>Picnic Shelters</b>	\$45 (all day)	\$40 (all day)		\$60/hr. Clarke resident \$80/hr. non-Clarke resident
<b>Tennis Courts</b>	\$15/hour per court	\$10/hour per court		
<b>Softball &amp; Baseball Fields</b>	\$25/hour per field	\$20/hour per field	\$20 to drag \$10 for lining \$10 for lights	\$40/hr. Clarke resident \$50/hr. non-Clarke resident
<b>Soccer Fields</b> 1, 2 & practice 3, 4 & 10 U6 and U8	\$25/hour per field	\$20/hour per field	\$60 for lines \$40 for lines \$20 for lines	\$40/hr. Clarke resident \$50/hr. non-Clarke resident
<b>Pool</b>	\$250 for 2 hours	\$200 for 2 hours	\$40/each additional lifeguard	
<i><b>Note:</b> Pool rental fees includes 3 lifeguards for up to 100 people. Parties of more than 100 people require additional guard for every 30 additional people. Call Parks &amp; Recreation at (540) 955-5140 for more information.</i>				
REC CENTER:	COMMERCIAL ACTIVITIES			
<b>Full Gym</b>	\$80/hour	\$70/hour	\$140/hr. Clarke resident; \$160/hr. non-Clarke resident	
<b>Half Gym</b>	\$50/hour	\$40/hour	\$80/hr. Clarke resident; \$100/hr. non-Clarke resident	
<b>Multi-Purpose Room</b>	\$40/hour	\$30/hour	\$60/hr. Clarke resident; \$80/hr. non-Clarke resident	
<b>Kitchen Room</b>	\$40/hour	\$30/hour	\$60/hr. Clarke resident; \$80/hr. non-Clarke resident	
<b>Full Facility (excluding ALC)</b>	\$120/hr. up to 8 hours \$60 each add'l hr.	\$100/hr. up to 8 hours \$50 each add'l hr.	\$200/hr. Clarke resident; \$240/hr. non-Clarke resident \$100/hr. Clarke resident; \$120/hr. non-Clarke resident	
<b>ALC Main Room</b>	\$75/hour	\$65/hour	\$130/hr. Clarke resident; \$150/hr. non-Clarke resident	
<b>ALC Kitchen</b>	\$40/hour	\$30/hour	\$60/hr. Clarke resident; \$80/hr. non-Clarke resident	
<b>*Supervisor Fee</b>	\$20/hour	\$20/hour	\$20/hour	
<i><b>Note:</b> A supervisor must be hired when renting the Active Living Center Kitchen at any time or when renting any other room in the Recreation Center-Active Living Center during off hours.</i>				

**Note:** Rental fees apply to personal use. Clarke County-based non-profit organizations qualify for a discount on the fees listed above; however, a copy of the organization's 501(c)(3) form must be provided when reserving a facility.

**Additional service fees may be charged, including:**

- \$160 floor covering • \$20 per hour additional staff •
- \$15 volleyball • \$20 Wee Gym set up • \$10 pickleball •
- \$75 Nerf party

**Make facility reservation requests at [clarke.recdesk.com](http://clarke.recdesk.com).**

# Clarke County Parks & Recreation

## REGISTRATION FORM

Winter program registration begins  
Dec. 11 for Clarke County residents and  
Dec. 13 for non-Clarke County residents.

**NOTE:** All programs listed in this guide are held at Chet Hobert Park (225 Al Smith Circle, Berryville) unless otherwise noted.

### HOW TO REGISTER

- Use the online registration system at <https://clarke.recdesk.com>, or
- Go to the Clarke County Recreation Center during normal business hours, or
- Mail a registration form (below) with check or credit card information to: CCPR Program Registration, 225 Al Smith Circle, Berryville, VA 22611, or
- Call Parks & Recreation at (540) 955-5140 during normal business hours and have credit card information ready, or
- Fax registration form with credit card information to (540) 955-4049.

### FEES

Payment must accompany registration. CCPR charges a \$20 returned check fee.

### REFUNDS

Refunds are given only for medical reasons and must be requested one week prior to class. A \$5 administrative fee is charged for all refunds. Class credit is issued for cancellations less than one week prior to class only for medical reasons. If Parks & Recreation cancels a program, a full refund will be processed.

### CANCELLATIONS

Parks and Recreation reserves the right to cancel any program because of insufficient enrollment, so register early!

### ACCOMMODATIONS

Clarke County Parks & Recreation is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on an individual's need. Contact CCPR prior to the program for assistance. If hearing impaired, call Virginia Relay Center at (800) 828-1140.

### INCLEMENT WEATHER

Weather-related cancellations will be announced on local radio stations and/or on Facebook. Follow **Clarke County Parks and Recreation** on Facebook.



## HOUSEHOLD REGISTRATION PLEASE PRINT:

**PRIMARY HOUSEHOLDER** Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Circle one: Male Female Date of birth: \_\_\_\_\_

**SECONDARY HOUSEHOLDER** Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Circle one: Male Female Date of birth: \_\_\_\_\_

**Emergency contact person:** \_\_\_\_\_ Phone: \_\_\_\_\_

Participant (last, first)	Date of birth	Sex	Program	Date	Fee:
Sample, John	3/28/92	M	Babysitter Training	Nov. 12	\$85

**TOTAL \$** \_\_\_\_\_

If paying by credit card, circle one: Visa MC Amex Discover

Exp. Date: \_\_\_\_\_ Card No.: \_\_\_\_\_ CVV# \_\_\_\_\_

Signature \_\_\_\_\_

### OFFICE USE ONLY

Fee: \_\_\_\_\_ (circle one) Cash / Check / Credit Card  
Date: \_\_\_\_\_ Received by: \_\_\_\_\_

**• MAKE CHECKS PAYABLE TO CCPR •**